

ANNUAL REPORT 2022/23



# Building Resilience in Challenging Times

**14 years**  
of serving humanity

[www.aryanaaid.org.uk](http://www.aryanaaid.org.uk)  
Tel: +44 (0)208 804 3561



*In the name of Allah, Most Merciful,  
Most Compassionate.*

## Message from the Chair of Trustees

*Assalamu' Alaikum  
Peace be upon you all*



It is with great pride, I present Aryana Aid's annual report 2023. We continued to expand our works and reach the neediest in remote areas where other charities can not. We responded to scores of natural disasters.

Kindness and generosity of our donors as always enabled us to do more and spent on programs, we are indebted to all of donors and supporters for their ongoing continued support over the years.

As we present to you our annual report, we thank you for supporting our humanitarian, development and campaigning works once again this year. In particular, we extend our sincere gratitude to our big-hearted donors, partners, our staff and volunteers who continue to support not only the large-scale ongoing crises

year after year, but smaller emergencies that receive so little attention.

May Allah (tabarak wa ta'ala) accept all our efforts to serve humanity in accordance with our values with sincerity, compassion, excellence, custodianship and social justice.

I am immensely proud of what Aryana Aid has achieved over the past 14 years, but also aware of how critical our works will be in an increasingly disrupted world. Thank you to all those who have supported us along this journey, and most of all to Allah for blessing us with the means and opportunity to serve humanity.

**Syed Raza**

Chair of the Board of Trustees

# Achievement Highlights



## RAMADAN PROJECT

Supported 812 families



## WINTER PACK

Supported 220 Refugee families



## EMERGENCY SHELTER

Supported 125 families



## WATER PROJECT

Built 9 community wells (water-tank) / 28 water wells / 23 water pumps



## WIDOW FAMILY

Supported 37 widowed families



## FOOD PACK DISTRIBUTION

Supported 272 families



## ORPHAN SUPPORT PROGRAM

Sponsored 326 orphans



## DISABILITY SUPPORT PROGRAM

Provided 225 wheelchairs to disabled children



## QURBANI PROJECT & EID FESTIVAL

Supplied 6890 families with fresh meat



## MEDICAL AID SUPPLIES

Distributed medicinal aid and supported 5850 patients



## WOMEN EMPOWERMENT PROGRAM

Supported 44 widows



## NATURAL DISASTER

Provided food packs and emergency shelters to 65 families





# Orphan Sponsorship

Give hope for Afghan orphans who deserve better futures.

## Give vulnerable orphans the love and care they need to thrive.

Every child deserves a happy, healthy childhood and the opportunity to build a brighter future. For many of the 140 million orphans worldwide, this is simply out of reach.

With your support, we can ensure orphans and vulnerable children get all the opportunities you want for your own children.

Our orphan support program delivers not only high quality care and facilities, but gives our orphaned

*HELP us  
create a warm, caring  
environment for  
Afghan children that  
have lost their parents  
to war, hunger, and  
disease.*

children the best opportunities for a brighter future through education and skills.

## How to Help ?

A large proportion of the Afghan orphans start working at a tender age to provide for themselves and their families, which often can expose them to abuse. These children not only miss out on their education, but also on their childhoods.

Your Zakat help us to put a smile back on their faces. Your Sadaqah gives them the confidence to play again.

You can give a vulnerable orphan the chance to break out of poverty for £300 per year.



# Rahila's STORY

**8 years old Rahila from Parwan, Afghanistan was orphaned in 2020. Her disabled mother and 4 siblings were left with no income to support themselves. Rahila's mother now relies on the elderly grandmother to feed and clothe her children.**

Since the recent deadly flood in September 2021 destroyed

their home, the family has been living in temporary shelter.

The already poor living conditions have been worsened by floods.

Her grandmother is a tailor; much of her income is spent on household expenses, with little to pay for Rahila's schooling. Before joining Aryana Aid orphan education program, her family was very worried about her education.

It has now been a year since Rahila started receiving sponsorship support through Aryana Aid. The money helps her with her schooling, clothes and medicine. She goes to school without any problems. Rahila is very optimistic about the future: "I like that Aryana Aid helps me. I work hard in school and want to help people as (social worker) when I grow up."

*Sponsor an orphan like Rahila today*

**£25 a month**

**£300 a whole year**

Your donation provides orphans with:

- Warm Meals
- Clothes
- Healthcare
- Education & Accommodation

**2085**

*Orphans are accommodated in schools run by Aryana Aid.*





# EMERGENCY SHELTER



## A Sanctuary of Hope

*Help us provide emergency shelter to thousands of homeless refugees.*

The people of Afghanistan have lived with conflict for more than four decades. Entire generations have never known peace and millions remain displaced. Renewed violence and instability, alongside severe drought and economic cri-

sis, have created an unprecedented humanitarian crisis for the people of Afghanistan.

Many fled with very few belongings and are struggling to survive in appalling conditions, living in

flimsy shelters. Aryana Aid is on the ground and doing everything possible to deliver relief, but urgently needs public support to help it reach families in desperate need.

**£120**

**Winter Pack for a  
Single Family**

**£130**

**Family-Sized Tent  
for a Single Family**

**£500**

**Community Shelter  
For four Families**



# Skill training program for widows

Breaking the cycle of poverty with education to widows

Losing a husband is traumatic enough, but many Afghan widows are also left to fend for themselves and their children with no support. Together, we can give them new life skills.

Afghan widows are left behind without any support, especially to those who have kids.

Although there is more work available in urban areas, most of the job opportunities are not for unskilled

women, which means many widows end up doing menial work, begging, or going into prostitution to support themselves and their young children.

Some even attempt suicide because they are unable to cope with their circumstances. But, we can avoid this.

## How Your Donations Help?

At our training centres we:

- Empower women financially.
- Give them the skills they need to find qualified work.
- Teach them about women's rights and how to fight exploitation at work.
- Give widows a safe learning space.



## Hamida's STORY

**I am a widow with three daughters and two sons who depend on me for everything since my husband was killed on a car accident.**

The situation in Afghanistan is very bad, and the recession has made things worse as there are fewer jobs now than there were before.

Although there is some support available for women like me, the agencies were unable to help me when I approached them; I felt that they didn't really care about me because of the huge number of other cases that they had to deal with and I became very depressed and anxious about my children.

Things started to change when I



was offered a place at the Aryana Aid training centre.

The charity is helping me develop new skills so that I can find work, and it is also helping my children who now go to school. I enjoy going to the centre and feel more secure about my future and the future of my children. I am really thankful to Aryana Aid and supporters.

Our training centres provide widows with the necessary skills,

knowledge and training that they need to find semi-skilled work or to set up micro businesses. We also provide advice about avoiding exploitation from dishonest employers and customers.

Sponsor a widow like Hamida today with £420, which covers the 12 month of learning.

The sponsorship includes micro-business courses like tailoring, embroidery and cooking.

## Sponsor a widow

**£70**

Give a sewing  
machine

**£35**

Give monthly  
Training Course

**£420**

Support a widow on  
a full year training  
Course





# Give Life, Give Water

*The Prophet (Peace be Upon Him) said the best form of charity is giving water (Hadith).*

**Water is basic need to everyone in the communities, today thousands of people already struggling against poverty lack access to clean and safe water sources to empower communities by giving them the means to improve the quality of their lives.**

Our water projects are constructed in poor and remote communities, where families often need to travel for miles away for water, or do not have a fresh, clean water supply.

Our water Sanitation programs serve everyone, from small villages to large communities.

## Building a water well is a Beautiful Sadaqah Jariyah

This is extremely rewarding deed because its a form of sadaqa al jariyah (continuing source of

reward) for yourself or your loved ones, who is still alive or has returned to Allah."When a person dies, his deeds come to an end, except for three: ongoing charity (Sadaqah Jariyah), knowledge that is benefited from, and a righteous child who prays for him." (Sahih Muslim)

Every day communities are in need of safe sources of water for drinking, washing, cooking, rearing livestock and watering crops. We can only do that with your support which enables us to install hand pumps, wells and water tanks.

Once a man came to the Prophet, ﷺ and said, "My mother died unexpectedly and she had not made a will. I think that if she could have spoken, she would have given in charity. Will she receive a reward if I give charity on her behalf?" He said, "Yes, give charity on behalf of your mother." [Al-Bukhaari and Muslim]

According to the scholars, the best charity for the deceased is Sadqa e Jariya.

To send sawaab (Ajr) to your loved ones, you can take part in our water project which will provide water to the extremely water-deprived areas in remote communities.

Each of these wells will provide water to humans, animals, and crops for the next 20 years. InshaAllah.

This will ease their journey ahead and will be a source of happiness on the Day of Judgement for them.

Let us send our love and Sadqah to the people we loved and always will.



## Empowering the Communities

Clean and safe water improves health; it provides security and stability; it frees women and children from the daily chore of walking for hours to obtain water.

That time can be devoted instead to pursuing education and livelihoods. For a donor who provides clean water as Sadaqah Jariyah, there are

the rewards of ongoing blessings for themselves and their loved ones.



## Change lives

A Water well for a community can transform lives.

**£600**

Water pump

**£1200**

Water well

**£3600**

Community well  
(Water-Tank)



# Widow Family Sponsorship Program

*When we hear the word “widow”, many of us imagine a mature woman. But a high number of Afghan widows are not even in their 20s.*

In Islam, widows are traditionally cared for by their sons, relatives, and the community around them. However, when they don't have such a support system, our Prophet (pbuh) encourages all Muslims to take the responsibility of caring for widows upon them. Importance of Supporting a Widow

and Orphan in Islam.

**Abu Hurairah (RA) reported Allah's Messenger (SAW) as saying,**

*He who strives to serve a widow and a poor person is like the one who strives in the way of Allah.*

*He also reported that when a man complained to the messenger of Allah of being hard-hearted, he said, Show affection to the orphans and feed the poor.*



## Gul Mina's STORY

**She is a widow of 58 years old and has 7 children. Her husband was a bus driver, her husband was killed in a roadside bombast. She was a single parent had to raise and look after her kids, putting food on the table, schooling expenses and other household expenses.**

She tried everywhere to find a job, but sadly she was not able to work for a living, as she had high blood pressure and diabetes. She had

many hardships in her life as a result she suffered psychologically.

She was informed by her neighbours about Aryana Aid widow family support program.

She visited Aryana Aid office, after assessment and interview she was found eligible and enrolled on our widow family support, now she gets monthly support food pack (ration) and enjoys a good life.

## Why sponsor a widow family?

Official reports estimated there are almost 2 million widows in Afghanistan, one of the highest numbers in the world.

Young or mature, they all struggle to support families of four or more children on average, but their strength and tenacity prove they are more than capable to do so in the right context and with the appropriate help.

**Sponsor a war widow like Gul Mina today.**

**£70**

Supports a widow and her children for one Month

**£840**

Sponsors a widow and her children for one Year



# Disability Support program

*280,000 Afghan children are estimated to have a disability nowadays.*

The war did not only take these children's families. It also took their mobility, security, and hope for the future. Without access to wheelchairs and other mobility equipment, many are trapped in their beds, wondering what playing outside feels like.

Others are looking inside; since they don't have a home, they find "refuge" on busy streets, where their only way to survive is to beg or engage in menial jobs that are

not fit for a child.

Why Help a Disabled Orphan?

Supporting orphans is one of the best ways to please our Prophet (pbuh) and, through Aryana Aid, you can find your way to his heart by helping an Afghan child regain their mobility. This, in turn, helps them:

- Recover their sense of play and security.

- Go back to school, where they can learn new life skills and become more independent.
- Develop like any other normal child.

***You can help by donating £120 not just for a wheelchair, but for a destiny change.***

## Give Hope and improve the quality of life

**£120**

*Provide a wheelchair to a vulnerable person.*

**£360**

*Support a disabled child for a year.*



# RAMADAN – 2023

## Blessed Month, Blessed Rewards

### What is Ramadan?

Ramadan is a month like no other. It is a time in which Muslims refocus their energy on their relationship with Allah, through intensive worship, and abstinence from food and water during the daytime fasts.

### Help Afghans living in crisis this Ramadan.

11 million Afghans are facing food poverty. Drought, conflict and polit-

ical instability have forced families from their homes. Many have left their villages with nothing. Can you help them?

After four decades of war, Afghanistan is in ruin, families have been torn apart, hundreds of communities have been uprooted, and millions of widows and orphans are struggling to find food and water. The situation has been exacerbated by unprecedented levels of inflation. With the price of foodstuff skyrocketing, displaced Afghans are on the brink of starvation.

"Whoever fulfilled the needs of his brother, Allah will fulfil his needs,

whoever brought his brother out of a discomfort, and Allah will bring him out of the discomforts of the Day of Resurrection " (Bukhari)

Every Ramadan, Aryana Aid distributes vital lifesaving food packs to the needy families. These packages generally are locally sourced with all the basic essential foods to feed a single family for the whole month.

## Give Iftar & Suhoor

Every Ramadan, your donations help us feed and uplift people living in extreme poverty. This Ramadan, your support will save people who continue to rely on us. Here are some of the ways you can help them.

**Give Food:** With the current crisis Afghans are facing, many people will start and end their fasts hungry this Ramadan. Can you help by donating essential Iftar packs and warm meals?

# £75

## Ramadan Food Pack

# £20

## Eid Gift for Orphan





# Give your Zakat today to empower the communities

For the last 14 Amazing Years, Aryana Aid are proud to have a 100 % Zakat policy.

Zakat is **2.5%** of a Muslim's income and savings after they have taken care of their families. It is an **obligation** like the five daily prayers, and is not a voluntary act of worship. Your zakat is **providing relief** aid to many people including food, shelter, medication and monetary contributions to the beneficiaries.

## Nisab on Gold and Silver

We ensure that we have enough money for our personal expenses, including enough money to look after our own family, Zakat is only paid on assets exceeding a minimum threshold called **Nisab**, which is calculated on gold or silver.

Scholars have set the Nisab at:

- **88 grams of gold – around £2,700**
- **612 grams of silver – around £255**

The difference between the two values is due to the variations in demand for gold and silver, which

used to be more equal in the days of our Prophet Muhammad (PBUH).

## FIDYAH (also spelt Fidyah)

When a person is **unable to fast due to ill health or other reasonable excuse such as travel**, they have to provide two meals for a poor person for every missed meal, this is Fidyah.

With Aryana Aid, Fidyah is £5 Per day for one individual. So, the total amount for the whole month of Ramadan would be £5 x 30 (days of fasting) = £150.00

## KAFFARAH

If a fasting person **deliberately breaks their fast**, they are then required to either fast for another 30 consecutive days or feed 60 poor people for every missed fast.

## FITRANA

Fitrana (also known as Zakatul-Fitr or Sadaqa Al-Fitr) is a small amount of food to be given in charity at the end of Ramadan before the Eid Salah. This amount is

obligatory and separate from the annual payment of Zakat, which is one of the five pillars of Islam.

## Amount of Fitrana

The Prophet Muhammad (PBUH), said each person should give away in charity an amount of £5.00 or the senior member of the household is responsible for paying the amount on behalf of the family.

The purpose of this charitable donation is to ensure all members of the community have food during the Eid holiday.

Remember **Zakat** is not just for Ramadan, but you can pay this at any time of the year.

Don't worry; it's easy to calculate your Zakat. Use our online Zakat calculator at [www.aryanaaid.org.uk/zakat](http://www.aryanaaid.org.uk/zakat)

**100%**  
**Zakat Policy**





# Qurbani Appeal - 2023

Fulfil your sacrifice for the pleasure of Allah (Swt)

## What is Qurbani?

**Qurbani means to sacrifice (slaughter) an animal, every year Muslims sacrifice sheep, goats and cattle between the 10th and 12th days of Dhul Hijjah, the final month of the Islamic calendar.**

Qurbani is a sacred act to honour the tradition of the blessed Prophet Ibrahim (AS), his beloved son Ismail (AS) and their story of sacrifice and devotion to Allah (Swt).

### How many animals do I sacrifice?

Every Muslim needs only one share to fulfil their Islamic obligation.

The prices provided are for one share or one Qurbani, sacrificing a full cow is seven shares. Meaning, seven people can contribute collectively and receive their share of the meat.

1 Small animal = 1 Qurbani.

1 Large animal (Cattle) = 7 Qurbanis.

14 Years of delivering qurbani fresh meat.

6890 families benefitted in remote communities.

### Your Qurbani:

- Increased levels of energy, satisfaction, and productivity.
- Ensured the needy people get the fresh meat, especially children, the elderly, disabled people, pregnant women, and breastfeeding mothers.
- Enabled you to share the happiness, and spiritual significance of Eid with poor people, who feel connected to the global community.

Order your qurbani even more amazing than last year and source healthy animals in enough time

to bring the happiness to those who may only enjoy meat once a year.

## Book your Qurbani

Lamb	£95.00
Goat	£70.00
Cow - share	£55.00
Cow (full)	£385.00
Camel - share	£40.00
Camel (full)	£280.00

# Add more value with Gift Aid

Believe it or not, there is a way to give more without paying extra, and that is Gift Aid UK.

When you donate using Gift aid, Aryana Aid can claim an additional 25% on your donation from the UK Government.

This means that every £1 donated will turn into £1.25, which is a great way to maximise your donation at no cost to you or us.

## Who is eligible for Gift Aid?

Anyone who pays tax on Income or Capital Gains in the UK is eligible for Gift Aid. However, the tax amount expected to be paid within a financial year has to be at

least equal to your donation.

## Why Gift Aid Matters to Us?

We operate on a 100% Donation Policy. This means that every single penny donated by you is used strictly for charitable purpose. Donations go straight to our 'charity only' bank account:

**Barclays: Aryana Aid**  
**Sort Code: 20-29-77**  
**Account No: 90526584**

## No donations go towards our administrative costs.

But, that doesn't mean we don't have any admin obligations. Funds to pay

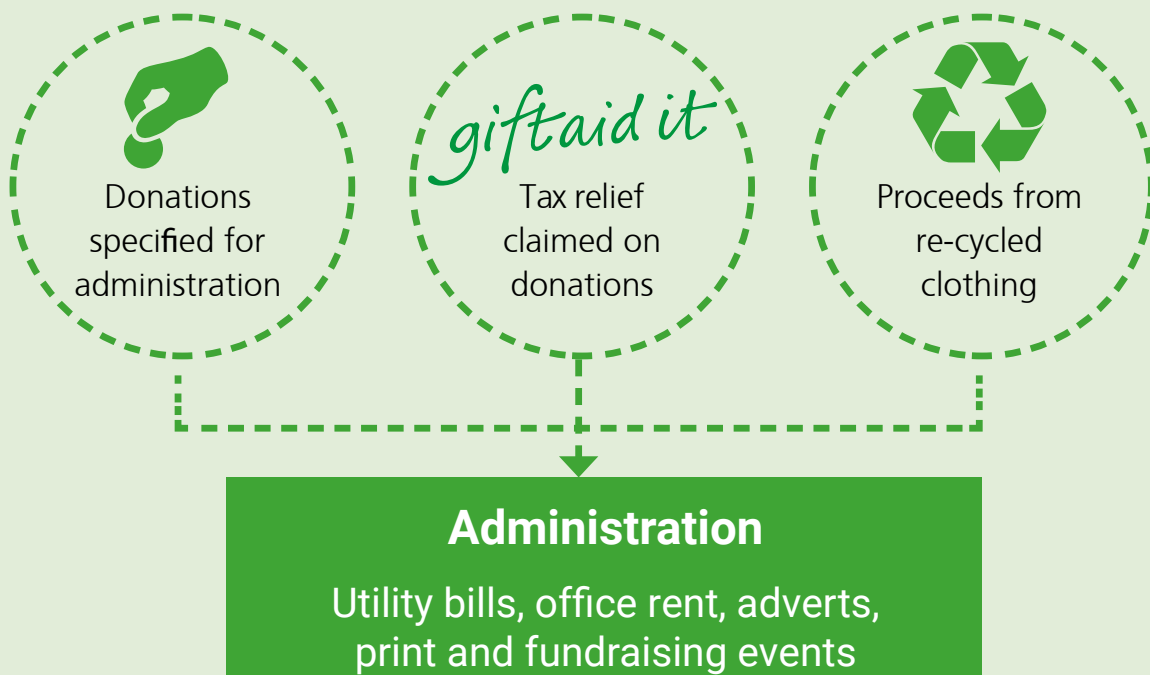
utility bills and rent, as well as cover accounting, legal costs, and fundraisings are urgently needed to keep the charity running.

This is where Gift Aid plays an important role. We use some of the tax claimed on donations to finance essential processes that allow Aryana Aid to exist and carry on the good work we do.

The charity runs a separate 'administration-only' bank account

**Barclays: Aryana Aid**  
**Sort Code: 20-29-81**  
**Account No: 63144690**

This account has its own sources of funding as detailed below.





# Financial Summary

## A Summary of relief efforts between 2022-2023

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### PROJECT EXPENDITURES BREAKDOWN

Ramadan Project	£60,900
Winter Packs	£26,400
Emergency Relief / Shelter	£16,250
Water for life Program	£79,800
Widow family Support	£31,080
Food Pack Distribution	£19,043
Orphan Sponsorship	£97,822
Qurbani meat distribution	£15,650
Wheelchair Program	£27,000
Medical Aid	£5,850
Micro- Business Women - Empowerment	£21,560
Natural Disaster Emergency Response	£13,000
<b>Total for Period</b>	<b>£414,353</b>

*100 % Donation Policy*

**Thank you for being part of our journey**

# Projects

## Eligible for Zakat, Sadaqah & Lillah

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### *Ramadan Project*

- Iftar food Pack £75
- Eid Gifts for orphan £20
- Zakat ul fitr £5 Per person
- Kaffarah £5 Per Day
- Fidya £5 Per Day

### *Orphan Sponsorship*

- £25 Per Month
- £300 For the Year

### *Widow family support*

- £70 Per Month
- £840 For the Year

### *Women Empowerment Scheme*

- £35 Per Month
- £420 For the Year
- £70 For a Sewing Machine

### *Disability support Program*

- £120 For a new wheelchair
- £360 Per-year for a disabled childcare
- £30 Per-month for disabled child care

### *Water for life Program*

- £600 Build a water pump
- £1200 Build a water-well
- £3600 Build a Community Well

### *Emergency Relief Aid*

- £120 For a winter Pack
- £130 For a family sized Tent
- £500 For a Community-Shelter

### *Medical Aid*

- £7500 Purchase an ambulance
- £500 For Medical Health Camp Medicine Kits





# Ways to Donate



## BY CARD

Call our donation hotline **+44 (0) 20 8804 3561**



## ONLINE

Donate online is fast and secure at **[www.aryanaaid.org.uk](http://www.aryanaaid.org.uk)**



## POST

Make cheques & postal orders payable to '**Aryana Aid**'

Send it to our office address: Unit 1 / 62 Alexandra Road, Enfield, London, EN3 7EH

Please label your donations clearly with your name, contact details and the project you would like to donate for on the back of the cheque.



## BANK TRANSFERS

**Bank:** Barclays PLC Account Name: Aryana Aid

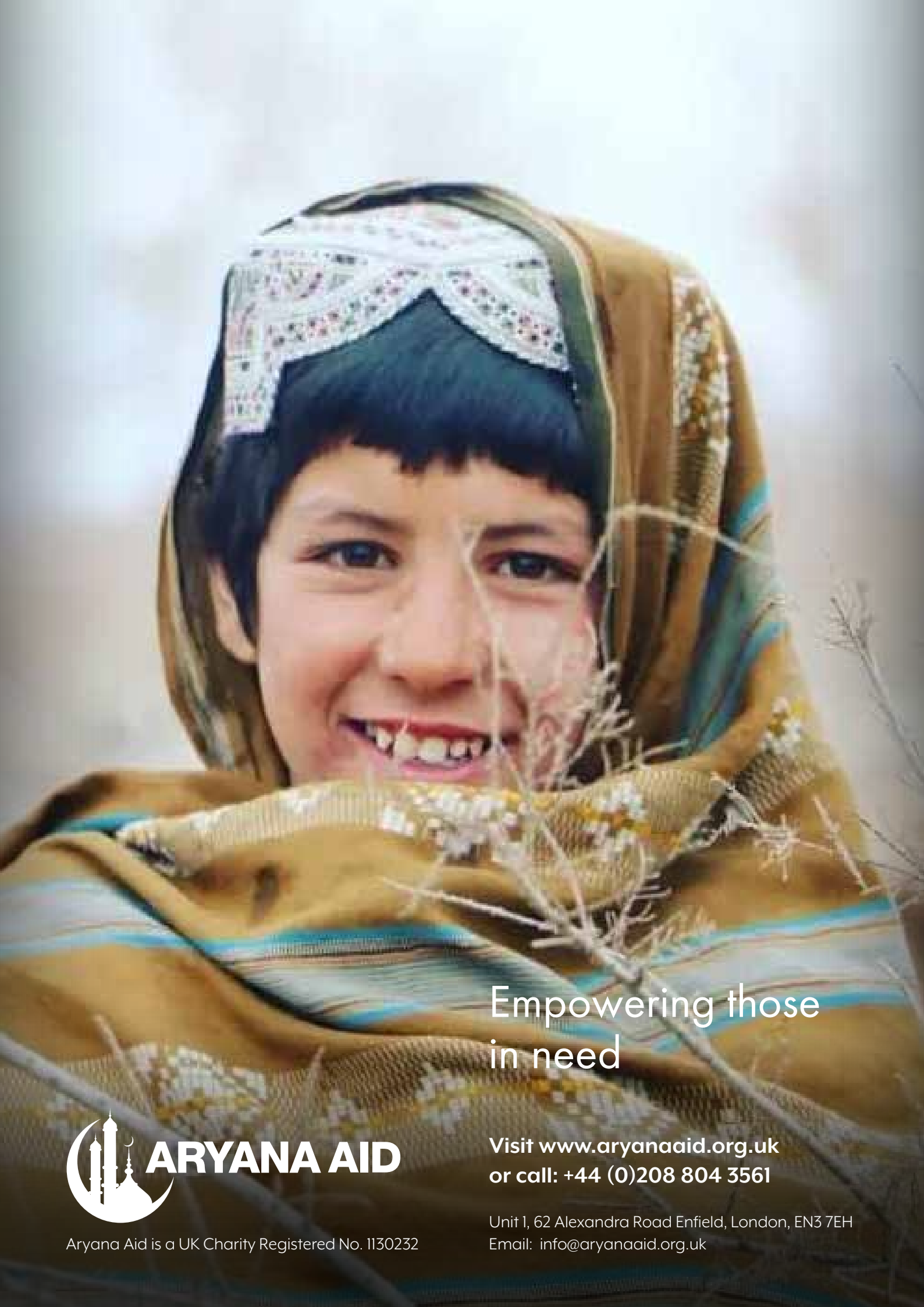
**Sort code:** 20 - 29 – 77 Account No: 90526584

## INTERNATIONAL BANK TRANSFERS

**Swift Code:** BUKBGB22

**IBAN:** GB65 BARC 2029 7790 5265 84





Empowering those  
in need



**ARYANA AID**

Aryana Aid is a UK Charity Registered No. 1130232

Visit [www.aryanaaid.org.uk](http://www.aryanaaid.org.uk)  
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