

# Making Small Changes, with Big Results



ANNUAL REPORT 2020/21

A photograph of a young girl with dark hair, wearing a blue headscarf and a brown jacket. She is looking out from behind a white and yellow fabric barrier, possibly a tent or a temporary shelter. The background shows a blue and white striped pattern.

[www.aryanaaid.org.uk](http://www.aryanaaid.org.uk)  
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# Our History

Aryana Aid was established in the UK in 2009, to support Afghans fleeing war in their country following the invasion of the then Soviet Union.

We have since become one of the longest-serving and most widely respected non-governmental organisations (NGOs) in Afghanistan. Today, our dedicated charitable workers operate in some of the most remote and inaccessible areas of Afghanistan, supporting thousands of deprived, excluded and vulnerable families.

Aryana Aid also provides humanitarian relief for Afghan refugees in Pakistan, we deliver emergency aid and long-term sustainability projects to poor communities in the region, from orphan sponsorships and widow skills training programs to providing vital resources such as food provisions, medical supplies, disability support to war victim children and making water more



accessible to the needy. In 2009 Aryana Aid was registered as an NGO in Afghanistan and began work throughout the country, from humanitarian relief to people centred development. What makes us different? Our extensive knowledge of the country's most

overlooked areas and our first-hand experience of local communities gives us valuable insight into where our help is needed most. Aryana Aid can reach areas other charities might not. Our Kabul office is able to work more closely with the Afghan communities.

Today, we continue to strengthen our network of offices across the country and meet the needs of families facing the greatest hardship. At least 10 million people are thought to have fled the region to avoid the constant wave of conflict that has troubled Afghanistan over the last 40 years, we aim to help these people rebuild their lives through the gift of renewed hope for a brighter future.

# Afghanistan Facts

Decades of war has made Afghanistan the world's most dangerous country and the largest producer of refugees and asylum seekers in the world. Some 20 million people out of a population of 39 million are living in poverty.

**72%** Of the population about 28 million people live in extreme poverty.

**64%** Of the population are illiterate.

**58%** Of the population still lives without access to clean water sources

**41%** Of children under the age of 5 are growth stunted.

**30%** Of 5 - 14 years old are child labourers.

**2<sup>nd</sup>** Second highest maternal mortality rate in the world.

**3<sup>rd</sup>** Third highest infant mortality rate in the world.

## Our Vision

We strive every day to give people the help they need and we campaign relentlessly to achieve our vision of a safe, secure, affordable home for everyone.

## Who We Are

Aryana Aid is a trusted Muslim charity registered in the UK, aiming to uplift the lives of orphans, widows and all needy individuals across Afghanistan and Pakistan.

## Our Approach

We work in some of the most remote areas of the country to keep Afghans at the heart of our work. Aryana Aid's work is long-lasting and irreversible as the skills taught are then passed on to whole families and communities. With more than 11 years of experience and a deep understanding of local, cultural and ethnic issues, Aryana Aid has earned great trust and respect among the communities we serve.

## Where We Work

Aryana Aid's main office is located in Kabul and we have three more offices across the provinces of Ghazni, Kandhar and Herat. We have a fundraising and donor liaison office in the United Kingdom.



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# Our Projects

We support Afghans in three principle ways: Providing basic services, improving livelihoods, education to orphans, helping children with disability and poverty, as well as responding to emergencies and mitigating the risk of disaster.

## Basic Services

Includes education to orphans, installing water sanitation system to give villagers access to clean water, arranging medical health camps, giving shelter to children of the street, feeding the hungry, provide disability support to children and emergency response.

## Improved Livelihoods

Providing skill training to Afghan women especially for women who lost their husbands in war.

## Emergency Humanitarian Relief

Along with providing support during disasters, we also work with communities to assess hazards and find ways to mitigate the impact of future disasters. When disasters do occur, Aryana Aid responds directly by providing food, clean water, emergency shelter and sanitation services to affected communities. We then support communities in their efforts to recover: to rebuild homes, restore land and create the infrastructure for sustainable livelihoods.

# Acknowledgements

Part of what makes Aryana Aid an outstanding organisation is the commitment that donors and supporters have made to sustain our efforts and initiatives. Every grant and donation contributes to bringing about lasting change in the lives of many poor people in Afghanistan and Pakistan. We would like to acknowledge the generous assistance of all our donors and supporters.

Now in our 11th year, we would like to express our heartfelt gratitude to a number of talented individuals who went above and beyond our wildest expectations in supporting our anniversary celebrations. Continuing support from Aryana

Aid's cherished donors is critical in enabling the organisation to serve the needs of the most vulnerable people in the region.

We would like to extend our deepest appreciation to all our donors for their continued support and our dedicated interns volunteers, who have assisted us across the UK for collecting funds, as well as day to day support in Kabul and in our London offices. On behalf of the people of Afghanistan, we relay their thanks and prayers.

This year we strengthened our organisational objectives, allowing us to prioritise our work on our three principle work streams. The

objectives also define our accountability and governance, as well as the ways we raise our profile, income and influence. Achievements included a substantial increase in the number of individual donations, support from our UK-based donors and from around the world with an increase in our total income.

In 2021, we aim to enhance our medium term strategy, which seeks to strengthen our programme expertise and diversify our funding sources, while building on relationships with existing partners and improving our management systems.

# Chairman's Message



Assalamu'Alaikum [Peace and Blessings of God Be Upon You]. This past year saw the 40th anniversary since conflict began in Afghanistan, four decades of untold hardship and the loss of hope to millions of generous, caring and ambitious people.

In terms of the lives and opportunities lost, the infrastructure destroyed as well as the economic and ecological degradation caused, no country has suffered more or for so long. However this past year there was a ray of hope, as the USA and the Taliban opposition signed a peace deal, opening the way for further dialogue between the elected government of Afghanistan and the Taliban. The people of Afghanistan dare to hope that a lasting peace can be reached.

Meanwhile, putting the interests of the communities we serve at the heart of our work, we continued to implement our programs as well as responding to climatic and conflict-induced humanitarian crises when they arose. Through the year we served thousands of Afghans across five provinces, thousands benefited from our programs, we continued to protect the rights of children, widows and gave relief to their pain suffered during the war. Despite increasing challenges that NGOs are facing in Afghanistan, I am grateful for the determination and resilience our field volunteers and board of trustees have shown in ensuring remote communities have both a clear voice and fair access to the services we

offer. Indeed, none of these successes would be possible without your support, for which we are truly grateful. I am also immensely thankful to the expanding and dedicated team of supporters in the UK and around the world, who in 2020 participated in a variety of challenges to raise awareness about the needs of vulnerable Afghan communities and a special thanks go to our organising committee.

The world has been gripped by COVID-19, and the number of cases in Afghanistan has mounted rapidly. In a country where people are struggling with deep seated poverty, long-running conflict and an extremely fragile health system, the prognosis is dire. Since January 2020, Aryana Aid has trained staff, provided protective materials, implemented mitigation measures, developed appropriate policies, systems and conducted awareness raising across communities. I believe we are well prepared to continue assisting the communities we serve through the challenging time ahead.

In this annual report, we highlight our work in bringing clean water sanitation, supporting disabled children with wheelchairs, sponsoring orphans, widows, feeding the poor and sheltering displaced refugee families in rural communities across Afghanistan. Our medical camp and women empowerment programs made a huge difference and we intend to invest more in education, livelihoods and improving people's quality of life.

I hope you enjoy reading about our year of accomplishments and of the lasting impact that we have been able to make together.

Yours Sincerely,

**Syed Raza**  
Chairman of Aryana Aid

*Our medical camp and women empowerment programs made a huge difference*

# Achievement Highlights



## RAMADAN PROJECT

Supported 375 families



## WINTER PACK

Supported 145 families



## EMERGENCY SHELTER

Supported 96 families



## WATER PROJECT

Installed 8 tube wells (water-tank) & 36 - water pumps/water wells



## WIDOW FAMILY

Sponsorship Supported 25 widowed families



## FOOD PACK DISTRIBUTION

Supported 210 families



## ORPHAN SUPPORT PROGRAM

Sponsored 227 orphans



## DISABILITY SUPPORT PROGRAM

Provided 950 wheelchairs to disabled children



## QURBANI PROJECT & EID FESTIVAL

Supplied 4120 families with fresh meat



## MEDICAL AID SUPPLIES

Distributed medicinal aid and supported 5845 patients



## WOMEN EMPOWERMENT PROGRAM

Supported 48 widows



## NATURAL DISASTER

Provided food and emergency shelter to 62 families

# Orphan Sponsorship

**In Islam orphans hold a very important and dear place in our hearts. Allah's (swt) will is for us to protect, feed and give them access to education.**

By working with war orphans, we can steer vulnerable children away from the very worst options, towards a life which offers more hope to them and to the people they interact with.

The Prophet Mohammad (pbuh) joined his two fingers and said: "I and the person who looks after an orphan and provides for them, will be in Paradise like this." [Muslim]

## Child abuse in Afghanistan

After four decades of war, how are Afghan children doing today? Afghanistan has the highest child

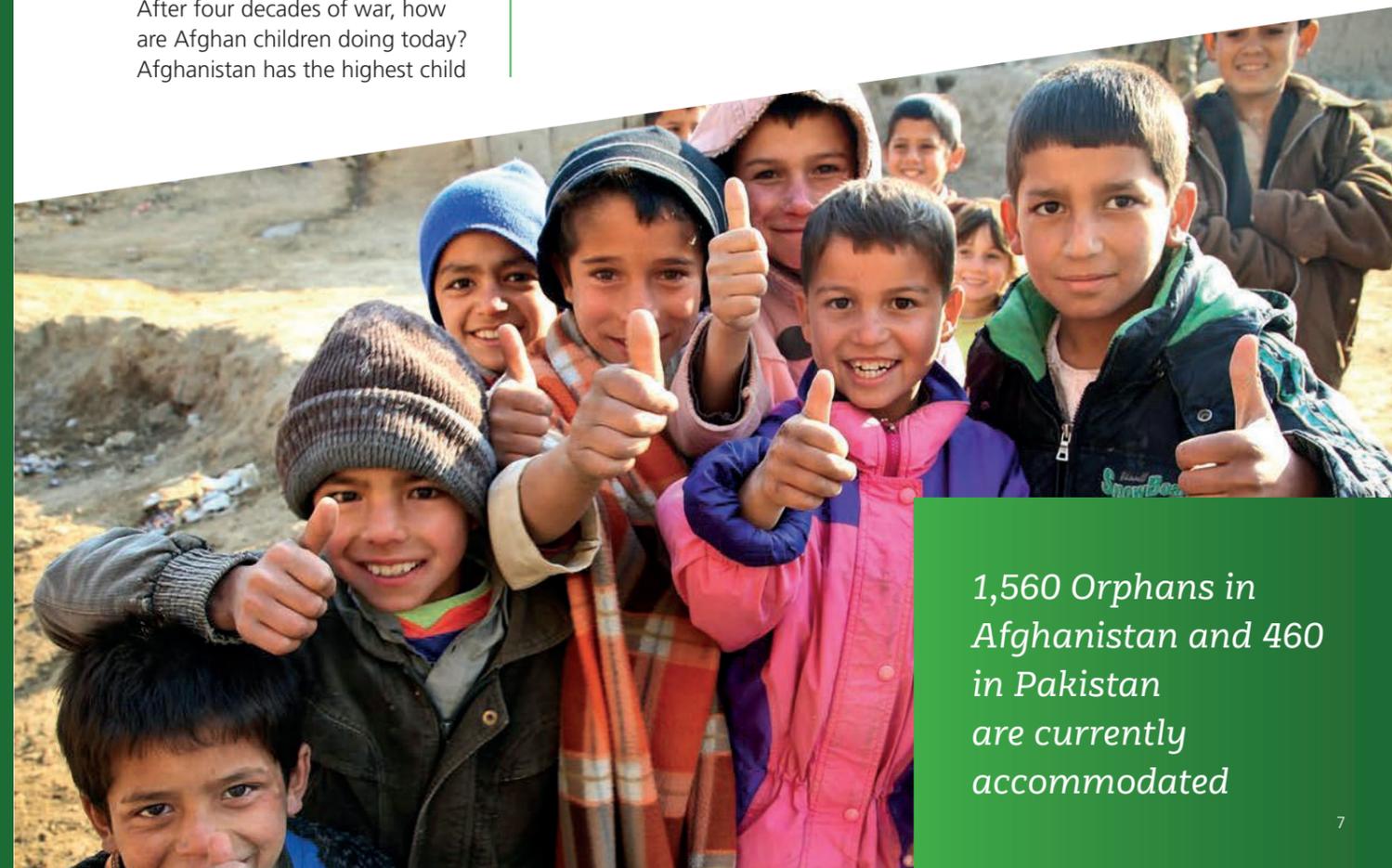
mortality rate in the world, with 1 in 5 children dying before the age of 5. Malnutrition is still a prevalent issue across the country. Another threat is child abuse, often a consequence of extreme poverty. Every child deserves a happy childhood that opens up a safe space for them to explore and flourish.

Unfortunately, many Afghan children live in an unstable reality, where they have to go to work at a very young age to help themselves and their families. These children not only miss out on their education, but also on their childhoods.

Your Zakat helps us to put a smile back on their faces. Your Sadaqah gives them the confidence to play again.

## How can we make their world better?

At their age, children should play, learn and live in harmonious families, not worry about money. Many schools have been destroyed by extremists, but Afghan children are still willing to learn and crowd in small tent classrooms to seek knowledge.



1,560 Orphans in Afghanistan and 460 in Pakistan are currently accommodated



## Farozan's STORY

Farozan is 9 years old and from Ghazni, Afghanistan.

She was orphaned at the age of 6, Farozan's mother struggled hard to provide for her five children with a meagre income from baking bread in a bakery. Farozan could not go to school as her mother could not afford to give her an education.

Under Aryana Aid's Orphaned Children Education Program, Farozan was able to re-enrol at school. Farozan said; 'When I was sick a few months ago, I had no one to take care of me, however one person from Aryana Aid's team in Kabul took me to the hospital and the doctor checked me and informed us that I had Hepatitis B. He said that if I did not receive treatment and medications regularly I would lose my life. I took the medication and recovered, so I am proud of the Aryana Aid team, they helped and it really means a lot to me.' Farozan would like to become a doctor and be independent, she feels she can reach this goal with the continued support from Aryana Aid and her sponsor.

**Please help and sponsor a child like Farozan today.**

Our primary aim is to empower the families of these children and ensure they can send them to school, support their optimal growth, and teach them to carve out a better future for themselves. Many of these children have high ambitions and dream of becoming the next generation of doctors, nurses and lawyers. Together, we can help these innocent souls revive their childhoods and protect them from abuse.

Help us create a warm, caring environment for Afghan children that have lost their parents to war, hunger, and disease. Become an agent of change. Help provide hope for Afghan orphans who deserve better futures.

The Prophet Mohammad (pbuh) said

"Blessed is the wealth of the Muslim, from which he gives to the poor, the orphan and the wayfarer" MUSLIM

## Why sponsor an orphan?

There are 2 million orphans in Afghanistan many don't even know their date of birth, they have no birth certificate and have lost track of their extended families. Over 600,000 children are forced to sleep on the street, in dangerous conditions and harsh weather. Through your sponsorship with Aryana Aid, you can change the lives of these orphans and contribute to their more prosperous futures.

Orphan sponsorship is regarded as a Sunnah and becomes a great form of Sadaqah Jariyah (continuing charity), which brings many blessings both in the lives of the beneficiaries and those of the givers.

## How To Help

Since 2009 Aryana Aid has been supporting orphans in Afghanistan and Pakistan by establishing and running schools and orphanages, providing nurturing homes for children, and developing long-term education programmes. With your help and our local knowledge, we have been able to provide aid to hundreds of orphans from overlooked areas in Afghanistan and Pakistan. Without your Zakat, they could have been forgotten.

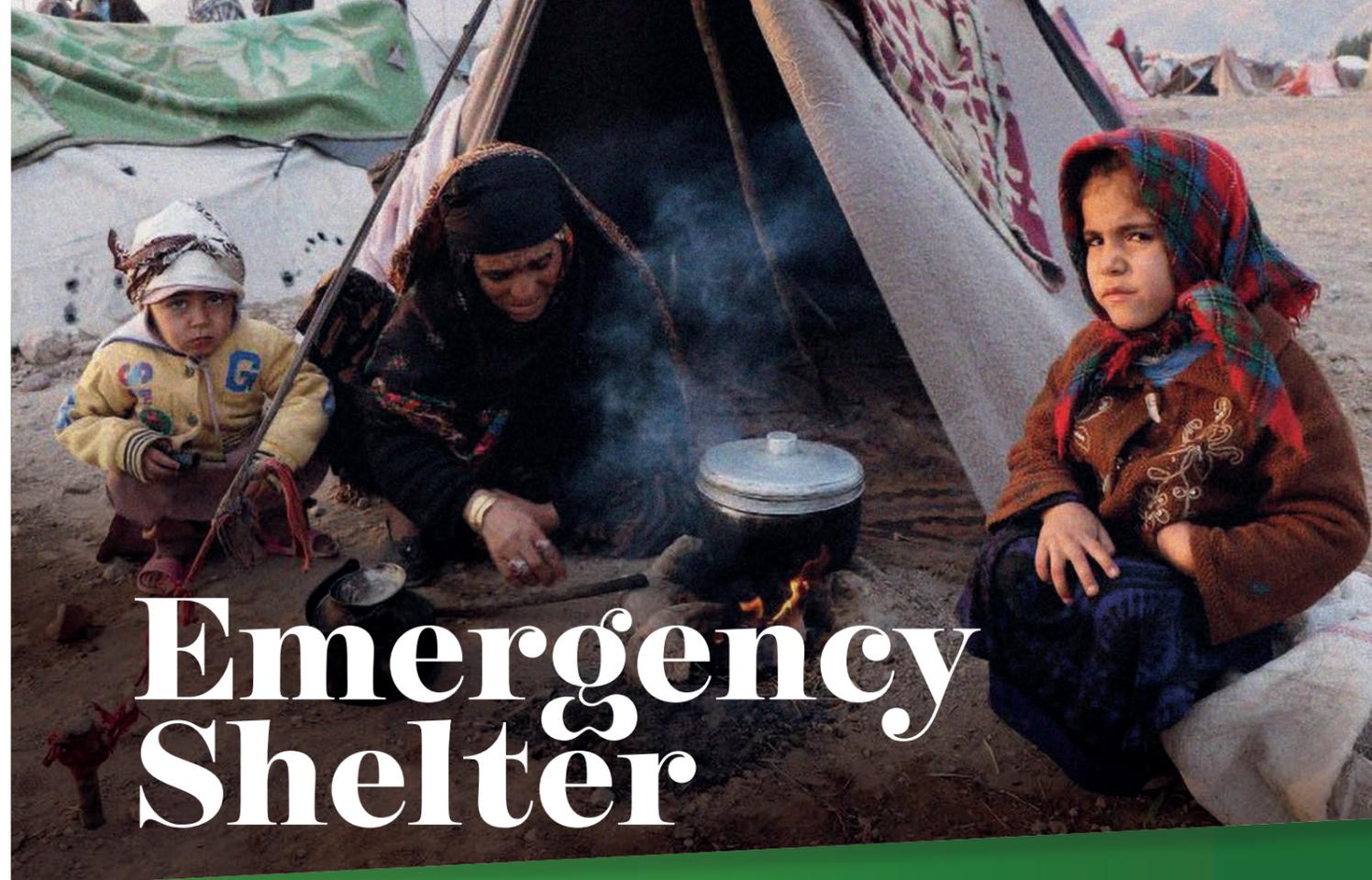
## Your Zakat provides orphans with

- Warm Meals
- Clothes
- Healthcare
- Education & Accommodation

We are working together to develop quality education, social enterprise and long lasting community transformation in Afghanistan.



**£300**  
Sponsors an Orphan for a Whole Year



# Emergency Shelter

## Protecting homeless widows & orphans

Help us provide emergency shelter, winter clothing, fuel and food to thousands of homeless refugees in Afghanistan. The ongoing war in Afghanistan has been forcing people to leave the security of their homes and abandon their families. Upon their return, they deserve a safe sanctuary. Now with the added risk of a global pandemic spreading fast in refugee camps, we appeal to you to help the people who had to leave everything behind survive one of the roughest years ahead.

## Winter for displaced refugees

According to UNHCR, nearly 5.7 million refugees have returned to Afghanistan over the last decade. Unfortunately, the

lack of jobs in Afghanistan makes it hard for the returning refugees to earn a living, which often leaves them dependent on government help and emergency housing.

And, when resources are already scarce, they have to sleep outside in temperatures below -25° in winter, risking their lives every day.

## How your sadaqah gives them shelter

The population of Kabul has tripled in the last seven years, being the fifth fastest-growing city in the world. As a consequence, the government's land allocation scheme has already put thousands of families on the waiting list.

Makeshift camps have been created to 'house' the homeless, but many refugees choose to settle on mountain ranges and areas outside the official camps, where the winters are so harsh that an emergency response is often needed to prevent casualties.

The global pandemic is spreading fast in refugee camps



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Since 2009, your Sadaqah has helped Aryana Aid supply tents, winter clothing, winter food and fuel to desperate Afghan families. We have also purchased resettlement land for those most in need.

The Prophet Mohammad (pbuh) said *“Whoever grants respite to someone in difficulty or relieves them, Allah (swt) will shade them on the Day of Resurrection when there is no shade but His”* [Tirmidhi]

Afghanistan has the second highest number of internally displaced refugees in the world. For them, winter is one of the most dangerous seasons. Many refugee families live in improvised tents that can barely stand the trials of harsh weather, turning refugee camps into a hotbed for disease in the COVID-19 era.

The most vulnerable in winter are orphans and widows. Afghanistan is home to 2 million orphans and nearly 2 million widows, many are forced to sleep on the street due to lack of accommodation.

Aryana Aid is on the ground helping thousands of orphans, widows and refugee families with life-saving food, fuel, emergency shelter and warm blankets. For the past 11 years, your generous donations to our emergency shelter project has kept these displaced families safe in sub-zero temperatures.



## Zarmina's STORY

Zarmina a 42 year old mother of five children lost everything in the floods.

An enormous wave of water rushed down the mountains and Zarmina fled with her family to a neighbour's house and returned to their home the next morning. Everything, all her possessions in this world had vanished. Consequently Zarmina was forced to move with her family to a temporary shelter which had two small rooms, no toilet and was shared by more than 20 people.

Months went by with Zarmina having flashbacks about the floods and worrying about how her family would cope with the coming winter. Aryana Aid began assists families like Zarmina to build homes with stronger foundations.

Zarmina spoke with our team about this new chapter in her life: 'I am so relieved to be waking up in my own home. My children are warm and my nightmares have passed. Life will get better now that I have a roof over my head and a floor under my feet, Alhamdu'Lillah.

***Thank you to my brothers and sisters who made this possible, I will keep you in my prayers.'***



# Micro Business PROGRAM

## Empowering widows towards economic independence

Decades of war in Afghanistan have left thousands of widows. Aryana Aid works in rural communities to promote economic and social well-being for the poor, innocent women left without an income or family support following the death of a husband.

Losing a husband is traumatic enough, but many widows in Afghanistan are also left to fend for themselves and their children with no support. Together, we can give them new life skills.

Through access to important life skills such as sewing and business development, we give women independence. When we hear the word 'widow', many of us imagine a mature woman. But a high number of Afghan widows are not even in their 20's.

In Afghanistan, 57% of girls are forced to marry before they turn 16, which means most of them are not schooled or trained for vocational work outside the family home, leaving them more vulnerable after the death of the male breadwinner. Giving them access to important life skills such as sewing, embroidery and business prowess helps these women advance economically and provide for their children safely.

### Why Sponsor a Widow in Afghanistan?

In 2019 official reports estimated there are almost 2 million widows in Afghanistan, one of the highest rates in the world. Young or mature, they all struggle to support families of four or

They have to sleep outside in temperatures below -25° in winter, risking their lives every day

more children on average, but their strength and tenacity prove they are more than capable to do so in the right context and with the appropriate help.

Although there is more work available in urban areas, most of the job opportunities are not for unskilled women, which means many widows end up doing menial work, begging or in extreme cases selling their bodies to support themselves and their young children. Some even attempt suicide because they are unable to cope with their circumstances. But this can be avoided with support.

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Please help and sponsor a family like Zamrina's today



£120

Winter Pack for a Single Family

£130

Family-Sized Tent for a Single Family

£500

Emergency Shelter Provides a Small Family House

£1000

Community Shelter For Five Families

## How Your Donations Help

At our training centre we:

- Empower women financially
- Give widows a safe learning space
- Give them the skills they need to find qualified work
- Teach them about women's rights and how to fight exploitation at work

## Humanity Needs Sustainable Solutions

Thanks to your donations dozens of widows aged between 20 and 45 are currently enrolled in our free classes taught by salaried teachers. Many of our widows will then go on to either find qualified work or open their own micro-businesses, leading to a sustainable line of work and a stable home environment for their children.

Our training centres provide widows with the necessary skills, knowledge and training that they need to find semi-skilled work or to set up micro businesses. We also provide advice about avoiding exploitation from dishonest employers and customers.

# Hajira's STORY



Hajira is a 27 year old widow, she has four child dependents, her husband was killed in a road side bomb blast in Ghazni, Afghanistan.

'There is no support available for women like me, it was hard for me to beg on the street. I felt that people didn't really care about me and my

orphaned children, we had very hard days, sometimes we only had one meal and I became very depressed and anxious about my children. One of my friends informed me about the Aryana Aid women empowerment program and I approached their Kabul office and explained about my situation.

Things started to change when I was offered a place at the Aryana Aid training centre. They are also helping my children who now go to school. With their help I have developed tailoring skills after the completion of a 12 month course.

They provide graduates with a complete sewing machine, I can now find work or work from home for myself. I enjoy going to the centre and feel more secure about our future.'



Please help women like Hajira today.

**£420**

Sponsors a Woman on a Full Year Training Course

**£35**

Provides a Monthly Training Course

**£70**

Gifts a Widow a Sewing Machine

Our women's empowerment program has 366 widows enrolled with many more on our waiting list.

# Feed the Survivors of War

Some 600,000 children will die of malnutrition if we don't act now. Your food donations are vital to malnourished men, women and children, effected by decades of war.

Afghan children under 5 have one of the highest rates of malnourishment in the world:

- **72% suffer from key micro-nutrient deficiency**
- **54% are chronically malnourished**
- **34% are underweight**

Wages of ordinary Afghans no longer cover essential food items and the problem is even worse for those living in rural areas. The fact that Afghanistan's economy still relies on opium production means local farmers have little incentive to produce more food, since they are more likely to make a living from the opium trade than agriculture. Three consecutive years of drought and economic issues have left approxi-

mately 5 million Afghans with little or no access to food. But, with the will of Allah (swt), we have put your Zakat and Sadaqah donations to good use, our team have been supplying emergency food packs to the poor and hungry in Afghanistan since 2009.

Aryana Aid have been providing locally sourced rice, flour, tea, sugar, cooking oil and meat to the most vulnerable Muslim communities in the region. Last year we distributed food pack to hundreds of families in need. Your donations ensure we can continue to feed these families, so they can regain their powers, revive their cultures and in time stop resorting to illegal or dangerous activities in order to earn a living.



Please support our food program.

**£60**

Emergency Aid & Relief Pack

**£70**

Food Pack for One Family

**£200**

Support For 16 Orphans & 2 Widows



## Abdullah's STORY

Abdullah is a business owner and Aryana Aid volunteer, he explains: 'Food shortages in Afghanistan are hurting the weak and vulnerable.'

I volunteered with the WHO (World Health Organisation) before I joined Aryana Aid and witnessed first-hand the impact of the rising food prices on the health of ordinary Afghans. Aryana Aid works closely with local people to address the worse cases of malnutrition, we also buy food from local vendors to reduce our costs and stimulate local trade.'

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# Providing Water for Life

The gift of water is amongst the best of charities. We work with local engineers to install affordable water systems and save Afghan communities from water contamination leading to severe dehydration, disease and at its worst death.

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The Prophet Mohammad (pbuh) said  
*'The best form of charity is to give someone water (to drink).'*

IBN MAJAH

Water scarcity is a bigger threat in Afghanistan than war. The water crisis figures are one the worst amongst Asian countries, with only 27% of the Afghan population having access to safe drinking water and 37% use sanitation facilities (UNAMA). In rural areas, 96% of the inhabitants still rely on unsafe water sources.

## We can change this

Water in Islam is sacred and as a Muslim charity, we have a duty to give the poor access to what is essentially, the source of life.

Allah (swt) states *'By means of water, we give life to everything'*  
AL QUR'AN, 21:30

Aryana Aid have been working with local engineers to supply safe water to hundreds of villages and overcrowded urban area across Afghanistan.

## What causes water scarcity in Afghanistan?

It's not what you think! In 2006 the UN stated that the national crisis of water is not due to a physical absence of fresh water, but due to the mismanagement and lack of water supplies.

This is where your donations make a difference. By donating to our water project, you are giving impoverished Afghan communities access to a resource that Allah (swt) proclaimed as every human's fundamental right.

And more than this, since water is used in so many ways – for agriculture, washing, drinking and sanitation, you are contributing to a sustainable future for these communities, where children can actually enjoy their childhoods and pursue their education instead of spending hours in search for a reliable water source.





# Sustainable Water Solutions

Our objective is to work with local engineers to install affordable water systems and save Afghan communities from water contamination, we have a dedicated team of volunteers on the ground to look after every water pump in terms of maintenance after installation.

The team have proper maintenance programs in place, if any breakdown issues occur, the community elders whom we put in charge of the well, inform our local office in Kabul, providing the water pump number and location. We send our local contractors immediately to repair the wells.

It is important for us to keep up maintenance and expand to cover additional areas and build more wells to reduce wear and tear for intense usage of wells installed.

## Project Implementation

Our prime consideration is locating water wells for 900 people or more and water pumps for 300 people, allowing them to access clean water all year round. A contract is signed and agreed with the community, which is between Aryana Aid and local engineers, we drill the bore hole and install the well.

The ownership of any water equipment remains with Aryana Aid. As the project has strong involvement from users, the control of finances and responsibilities is now in place to ensure the well is properly installed and maintained. This results in a sustainable supply of clean drinking water made possible by Aryana Aid.

TESTIMONIAL

# Istalif Village

We built many water pumps including water tanks with solar panelling in villages, taking natural energy from the sun and using it to the pump water from deep below the ground into large seven metre tanks.

The water is then split between four bore hole wells, so that hundreds of villagers have a water source nearby.

The solar panels store energy, so the well keeps working at night or on cloudy days, the perfect low-cost environmentally friendly solution which never expires.

Reza Gul is 25 years old, her local well means that she no longer has to carry heavy, physically straining buckets of water over long distances for her family every morning. The crisis in her village in Istalif, is far from over, but this is just one of the ways Aryana Aid has created a sustainable water solution for long term care of local people in the village.

We built a tube-well (community well) for the villagers and supplied clean water to Reza Gul's village with 14 tap stands, there is now a free flow of fresh, clean water for 2850 people in her village. The villagers find it easy to access clean water for their everyday use and thank you for this beautiful gift of life, you have given to them.

# Make Your Sacrifice with Aryana Aid

For over a decade we have been delivering Qurbani meat amongst the poorest communities. Qurbani is the sacred act which honours the blessed Prophet Ibrahim (as) and Ismail (as) and their story of sacrifice and devotion to Allah (swt). Last year your Qurbani provided meat to more than 4120 families in Pakistan and Afghanistan.



## The Significance of Qurbani

The Prophet Mohammad (pbuh) said: *'For every hair of the Qurbani you will receive a reward from Allah (swt), and for every strand of its wool you will receive a reward.'* [Al-Tirmidhi]

The coronavirus pandemic has forced thousands of people to face incredible loss and have left so many without work, shelter or support. Because of your kind donations and support, we can ensure that our team have been able reach many children, widow families and displaced refugees families living in desperate poverty who needs our support. Our local knowledge and extensive experience in both countries means that we are able to reach the remotest communities in some of the poorest areas of the world. This year we are focusing on providing Qurbani for the hundreds of displaced refugees, children, widows and the poor across the region.

We know that for many of our beneficiaries this will be the only chance they have to eat meat; we ensure it is always the best quality meat available, which will be distributed to everyone in time for Eid-ul-Adha to give them the Eid they deserve Insha'Allah.

## Book your Qurbani with Aryana Aid

### Afghanistan

Lamb	£95
Goat	£70
Cow Share	£55
Cow (Full)	£385
Camel Share	£40
Camel (Full)	£280

### Pakistan

Lamb	£80
Goat	£65
Cow Share	£35
Cow (Full)	£245
Camel Share	£30
Camel (Full)	£210



*Help us make your Qurbani even more amazing than last year and source healthy animals in good time before Eid-ul-Adha to bring happiness to those who may only enjoy this blessing once a year.*

**Over the last 11 years, we have built 127 water pumps, 113 water wells and 33 electric tube wells in the region.**

*Build a well as Sadaqah Jariyah*

**£1200**

Builds a water well For 900 people

**£600**

Builds a water pump for 300 people

**£3600**

Build an electric tube well for a community



# LONG TERM CARE FOR Widows

**Over 2.5 million women in Afghanistan have been widowed by the war, they need your support to protect themselves and their children.**

Most of these women were forced by dire circumstances to marry young and have children, only to remain the sole breadwinners of the family after their husbands' death.

Sometimes, the pressure of putting food on the table is so big, that mothers fear they might have to send their children to work, since they can't earn enough to feed everyone. We can't let this happen!

Help us rebuild their lives with new homes, medical aid and access to education.

Aryana Aid believes Afghan widows deserve the dignity of raising their children with ease.

## How You Can Help

Our beloved Prophet (pbuh) taught us that

*'A giver of maintenance to the widows and the poor is like a giver in the way of Allah (swt), an utterer of prayers all night and the one in fast during the day'*

BUKHARI

Just like our Prophet (pbuh) advised, we wish to create a better and safer environment for widows in Afghanistan. Remember that when you give Sadaqah Jariyah, you are also the beneficiary of this special act of love for Allah (swt) in this life and the Hereafter.

## Sponsor a war widow with your Zakat

Although your Zakat can be paid at any time, your Nisab should be calculated on a fixed date each year.

Use our online Zakat calculator to help you through the process. Our widows thank you!

### £840

Sponsors a Widow and Her Family For One Year

### £70

Per Month Supports a Widow and Her Family

# Sharing the Joy of Ramadan

Ramadan is the month of mercy and forgiveness, we hope that Allah (swt) accepts all your Ibaadah Insha'Allah. Your support and donations have always brought solace and hope to many lives, once again we are humbled by the donations you have made last year during our Ramadan campaign in helping the poor in Afghanistan and Pakistan.



Please remember those who need our support and Dua's this Ramadan.

*Aishah (ra) said, 'When Ramadan would start, the Prophet Muhammad (pbuh) would fulfil the need of every person who would ask him for something.'*

AL-BAYHAQI

Ramadan is a time for giving to those less fortunate, you can donate your Zakat, Sadaqah and Lillah towards any of our projects.

Thousands of Muslims benefited from Iftar packs distributed by Aryana Aid. Alhamdulillah these packs not only fed the poor families for Suhoor and Iftar, but significantly enabled them to fast and receive the blessings of this glorious month.

Our Ramadan food pack distribution helped many families in a time of uncertainty because of the global Pandemic Covid-19. You have given these poor people not just temporary relief but also hope for the future.

Aryana Aid's stated aim 'You Gave, We Served' continues, the amount we received determines how many people we are able to support, and as a direct result of your donations in our Ramadan campaign, we have been able to reach hundreds of impoverished and deserving individuals in one of the poorest countries in the world.

## A Small donation makes a big difference.



### £75

Ramadan Food Pack

### £20

Eid Gift for an Orphan

Visit [www.aryanaaid.org.uk](http://www.aryanaaid.org.uk) or call +44 (0)208 804 3561



## Aryana Aid Your Zakat Partner



Use your Zakat to transform lives in Afghanistan. Zakat is the third pillar of Islam, it requires all followers of the faith to donate 2.5 % of their personal wealth to help others in need.

It's also an obligatory act of worship payable each year to those in need by every able Muslim in His Generosity Allah (swt) gives the donor the beautiful opportunity to purify their wealth and their souls through Zakat.

### Nisab on Gold and Silver

To make sure we have enough money for our personal expenses, including enough money to look after our own family, Zakat is only paid on assets exceeding a minimum threshold called the Nisab, which is calculated on gold or silver.

### Scholars have set the Nisab at:

- **88 grams of gold around £2,700**
- **612 grams of silver around £255**

The difference between the two values is due to the variations in demand for gold and silver, which used to be more equal in the time of our Prophet Muhammad (pbuh).

We have been using your Zakat to save disabled children across Afghanistan, help rehabilitate war widows and provide the poor and needy with essential foods and clean water in the region.

Remember Zakat is not just for Ramadan, but can be paid at any time of the year. At Aryana Aid, we are proud to have a 100% Zakat Policy

It's easy to calculate your Zakat, please use our online Zakat calculator

[www.aryanaaid.org.uk/zakat](http://www.aryanaaid.org.uk/zakat)



## Wheelchair DISTRIBUTION PROGRAM

Four decades of war in Afghanistan have taken their toll on orphans. In many cases the war did not only take these children's families, it also took their mobility, security and hope for the future.

Without access to wheelchairs and other mobility equipment, many are trapped in their beds wondering what playing outside feels like.

Others don't even have a home, they find refuge on busy streets, where their only way to survive is to beg or engage in menial jobs that are not fit for a child.

### Education Opportunities for the Disabled

During three and a half decades of war, educational provisions in Afghanistan have been decimated. Hundreds of schools were closed and had their basic infrastructure destroyed due to harsh policies, which left children with little options for education.

### Did you know?

- Today, only 1/3 of the 150,000 disabled children of Afghanistan go to school.
- The 50,000 who do manage to go to school are often subject to segregated, specialist facilities that are under-resourced and inadequate.
- Many disabled children eventually drop out; they are some of the forgotten victims of Afghanistan.

We know this needs to change and our wheelchair appeal is one way to ensure that thousands of children never suffer this isolation again. You might not be able to fully comprehend how a disabled person feels, but we hope gaining some

perspective on the difficulties they face every day in one of the poorest countries in the world will inspire you to take action.

### Why Help a Disabled Orphan?

Supporting orphans is one of the best ways to please Allah (swt). Through Aryana Aid you can secure an immense reward by helping an Afghan child regain their mobility. This in turn helps them:

- Recover their sense of play and security
- Go back to school, where they can learn new life skills and become more independent
- Develop like any other normal child

## Our Approach

We are started a transformation for disabled orphans, something they could only have dreamed of. Opening doors to education and opportunities in their own communities to secure their futures, but we still have thousands of children who desperately need our help.

We are appealing to you to help us achieve this utmost of noble endeavours. Our dream is to be able to provide every disabled child, man and woman in Afghanistan with wheelchairs, so that they can restore their war-torn lives.

We ask you to help us by sending your generous donation of £120, so that we can distribute vital wheelchairs to those who live in desperate need.

## What is next for the disabled in Afghanistan?

There is still a long way to go for the disabled in Afghanistan, but their hopes run high and some significant progress has been made over the past 18 years according to the UN.

## The impact of your donations

Aryana Aid have distributed hundreds of wheelchairs to poor disabled children. The biggest step is giving more disabled access to wheelchairs. In the last couple of years, thanks to your donations we improved the lives of 1350 disabled children with wheelchairs.

Essentially, we want to reduce the exposure of the disabled to abuse. In more extreme cases Afghan families abandon their disabled children or relatives, because they cannot afford to care for them. This is almost like a death sentence for the disabled which we can avoid.

Something as simple as a wheelchair can save a human life. A wheelchair gives people the gift of mobility and independence. It allows them to go back to school, work and stay close to their relatives.



## Join us to Fight Disability Across Afghanistan

**£120**

Purchases a Wheelchair

**£360**

Provides One Year of Disabled Child Care



# COVID-19 Relief Aid

The global pandemic is affecting an increasing number of people in Afghanistan on a daily basis according to medical reports. The best way to prevent the spreading of the virus is by avoiding being exposed to it. But for the poor and misinformed this is not an easy task.



Our volunteers across Afghanistan are working with local communities on the ground to supply essential aid to people in need.

## We are distributing

- Food Packs
- Hygiene Kits
- Testing Kits
- Building Safe Quarantine Areas and Shelters

## Crisis upon crisis: year after year

Thousands of children, families and elderly people across Afghanistan have been living in crisis after decades of violence in the region. The virus has compounded an already terrible situation - for the thousands of families who live hand to mouth, the lockdown means they have no food, water or shelter. Alongside this the overcrowded refugee camps and cramped living spaces in a country without any healthcare means this ongoing pandemic could be catastrophic for the people of Afghanistan.

The Prophet (pbuh) said: 'Whoever relieves a Muslim of distress, Allah will relieve him of distress on the Day of Resurrection' [Muslim]

Alongside this, we are also running a programme that spreads awareness on the means and measures needed for the prevention of the disease, particularly amongst poor people. Through this programme we deliver food and essential aid items such as cleaning soap, hand sanitizer, facial masks, leaflets on coronavirus and more.

But we need your help to protect the most vulnerable from the spread of this virus. Please give generously, your Zakat, Lillah and Sadaqah will save the lives of thousands of people across Afghanistan.

**Donate now to protect some of the most tried people on earth.**

**£70**

Support One Family with a Food Pack

**£60**

Provides One family a Hygiene Kit

**£200**

Provides a Family Food, Hygiene Supplies & Testing Kits

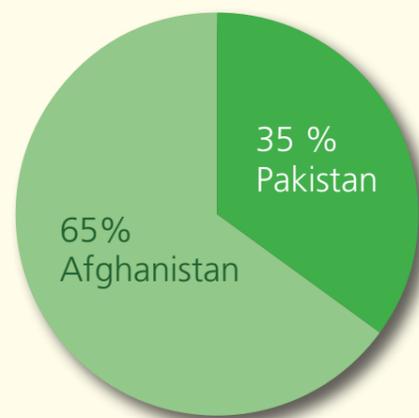
# Financial Summary 2020 - 2021



We work really hard to make sure your donations are used in the most effective way possible. Hundreds of poor people have received support with an increase of over 38 % since last year.

PROJECT	AMOUNT	IMPACT
Ramadan Project	£26,250	Supported 375 Families
Winter Packs	£17,400	Supplied to 145 Families
Emergency Relief /Shelter	£12,500	Supported 96 Families
Water For Life Programme	£50,400	8 Tube Wells / 36 Water Pumps
Widow Family Sponsorship	£21,000	Sponsorship of 25 Widow Families
Food Pack Distribution	£14,700	Supported 210 Families
Orphan Sponsorship	£67,810	Sponsored 227 Orphans
Qurbani Meat Distribution	£8,560	Supplied Meat to 4120 Families
Wheelchair Program	£48,000	Disability Support For 950 Children
Medical Aid	£6,580	Medical Aid Supplies For 5845 Patients
Micro- Business Women Empowerment	£20,210	Supported and Gifted 48 Sewing Machines
Natural Disaster Emergency Response	£12,400	Supported 62 Families With Emergency Shelter & Food Packs
<b>Total For Period</b>	<b>£305,810</b>	

## Expenditure by Region



Allah (swt) informs us that:

*'Those who spend of their goods in charity by night and by day in secret and in public shall have their reward with their Lord: on them shall be no fear nor shall they grieve.' [Al Qur'an 2:274] and the Prophet (pbuh) said that Allah the Glorious and Exalted further states: 'Spend on charity, O son of Adam, and I shall spend on you.'*

BUKHARI

Giving charity is an essential part of our faith as Muslims and we are obliged to give part of our wealth in Zakat. Your Zakat, Sadaqah and Lillah can be donated to the following Aryana Aid projects

## Ramadan Project

- Iftar Food Pack £75
- Eid Gifts for Orphan £20
- Zakat ul Fitr £5 per Person
- Kaffarah £5 per Day
- Fidyah £5 per Day

## Orphan Sponsorship

- £25 Per Month
- £300 Per Year

## Widow Family Support

- £70 Per Month
- £840 For the Year

## Women Empowerment Scheme

- £35 Per Month
- £420 Per Year
- £70 For a Sewing Machine

## Medical Aid

- £7500 Purchases an Ambulance
- £500 For Medical Health Camp Medicine Kits

## Disability Support Program

- £120 For a New Wheelchair
- £40 For a Refurbished Wheelchair
- £360 Per Year For Disabled Child Care
- £30 Per Month For Disabled Child Care

## Water Sanitation Project

- £600 To Build a Water Pump For 300 People
- £1200 To Build a Water Well For 900 People
- £3600 To Build an Electric Tube Well for Entire Village

## Emergency Relief Aid

- £120 For a Winter Pack
- £130 For a Family Sized Tent
- £500 For a Emergency Shelter
- £1000 for a Community Shelter

## Wedding Ceremony Sponsorship

- £1800 For a Single Ceremony



# Ways to Donate

We can't do it without you.  
Your support makes our work possible.

From 2009 -2021 thousand of people have benefited from Aryana Aid's relief efforts. Your donations have changed and saved lives.

We feed the hungry, provide emergency relief aid, give disability support, educate orphans and widows in our local communities across Afghanistan and Pakistan. It's for this reason Aryana Aid runs a 100% donations policy.

**A 100% donations policy means every single penny donated is used strictly for charitable efforts.**

Donations are deposited into a 'charity-only' bank account.

*Barclays: Aryana Aid  
Sort Code: 20-29-77  
Account No: 90526584*

No funds are spent from this account for fundraising or administration costs. So whether its £1 or £100, every little helps. Like any organisation Aryana Aid incurs administration costs and overheads and requires funds to pay utility bills, rents, cover accounting costs and fundraise, all needed to help the charity function.

**How does Aryana Aid cover its admin costs while adhering to a 100% donations policy?**

The charity runs a separate 'administration-only' bank account.

*Barclays: Aryana Aid  
Sort Code: 20-29-81  
Account No: 63144690*

This account has its own sources of funding as detailed below.



## By Card Online or Phone

Donating online is fast and secure at [www.aryanaaid.org.uk](http://www.aryanaaid.org.uk) or call our donation hotline **+44 (0)20 8804 3561**



## By Cheque

Please make cheques payable to '**Aryana Aid**' and post to Unit 1 / 62 Alexandra Road, Enfield, London, EN3 7EH

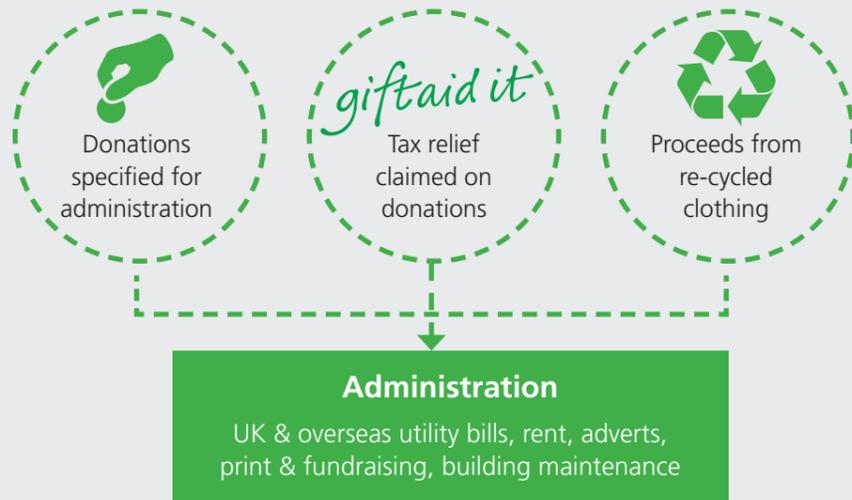
Please label your donations clearly with your name, contact details and the project you would like to donate for on the back of the cheque.



## Via Bank Transfer

Account Name: Aryana Aid Bank: Barclays PLC  
Sort Code: 20-29-77 Account No: 90526584

**International Bank Transfers:**  
Swift Code: BARCGB22 IBAN: GB65 BARC 2029 7790 5265 84



Unit 1, 62 Alexandra Road, Enfield, London EN3 7EH  
Email: [info@aryanaaid.org.uk](mailto:info@aryanaaid.org.uk)

UK Registered Charity No. 1130232





Aryana Aid is working towards bringing a positive change in rebuilding lives and communities across Afghanistan.

Visit [www.aryanaaid.org.uk](http://www.aryanaaid.org.uk)  
or call +44 (0)208 804 3561

Unit 1, 62 Alexandra Road, Enfield, London EN3 7EH  
Email: [info@aryanaaid.org.uk](mailto:info@aryanaaid.org.uk)



Aryana Aid is a registered charity in the united kingdom and Afghanistan.  
UK Charity Registered No. 1130232