



ARYANA AID

UK Charity Registered No. 1130232

ANNUAL REPORT 2019-2020

www.aryanaaid.org.uk

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**BRINGING SOLACE &
HOPE TO THE NEEDY**

Aryana Aid is a volunteer-led UK registered charity which aims to relieve poverty in Afghanistan and Pakistan, working on the ground with good practice and sustainable delivery programmes at its heart.

Our Vision

We aspire and work towards a world in which access to food, clean water, education, healthcare and shelter is the norm and the opportunity to live in peace and harmony is offered to all, without prejudice or discrimination.



AFGHANISTAN FACTS

Decades of war has made Afghanistan the world's most dangerous country and the largest producer of refugees and asylum seekers. Some 20 million people out of the 32 million population are living in poverty.

30% Some 30% of the population have limited or no access to health services

40% 40% of children under the age of 5 are growth stunted

70% Over 70% of the population is illiterate

30% Approximately 30% of 5-14 year olds are child labourers

30% Half of the population still lives without access to clean water sources

2ND It has the second highest maternal mortality rate in the world and the third highest infant mortality rate.

CHAIRMAN'S MESSAGE



Assalamu'Alaikum
[Peace and Blessings
of God Be Upon You]

On behalf of the Aryana Aid team, I would like to thank you once again for your support, and donations towards

helping needy people in Afghanistan and Pakistan. The past year has been exceptionally challenging for our field offices in Afghanistan, having faced political instability, shortages of food, power and drought. This always reminds us of the fragility of life and the enormity of the task ahead. Our new global strategy, faith inspired action aims to better prepare for emergencies, we see this need clearly in the unfolding crises across Afghanistan, which have now been compounded with the arrival of Coronavirus.

Last year I met eight year old Aisha. Having lost both her parents she is staying at our Aryana Aid orphanage, which provides residential, medical and educational care to orphaned children in Afghanistan. Aisha enthusiastically recited some Qur'an and a nasheed on our arrival. Her angelic voice brought tears to our eyes and we offered her a small cash gift. Upon receiving the gift and being told of its value she beamed with happiness.

As we know, **the Prophet (pbuh) said, as held his two fingers together, 'The one who cares for an orphan and myself will be together in Paradise like this.'**

Aryana Aid is striving to reach the most vulnerable in the world and has supported them through your generous donations, benefiting hundreds of orphans, widows, refugees and the weak, in both Afghanistan and Pakistan. One of our greatest achievements this year has been distributing hundreds of wheelchairs and building many water pumps, water wells and electric tube wells across Afghanistan.

I pray to Allah (swt) to ease the anguish and distress of our brethren in all countries. May He ease the suffering of drought stricken communities across Afghanistan, and may He provide relief for the orphans, widows and disabled children of Afghanistan.

May Allah (swt) protect you in these difficult times and accept the generous contribution of our donors and the efforts of all volunteers and staff, who continue to serve the Ummah. Aameen.

Sincerely,

Syed Raza
Chairman

RECENT ACHIEVEMENTS

- Sponsorship of 1560 orphans and 20 widows
- Disability provision 350 wheelchairs for children
- Emergency shelters provisions for 65 refugee families
- Installation of 5 tube wells and 25 water pumps
- Medical aid supplies for 5470 patients
- Food distribution program support to 347 families
- Winter packs supplied to 130 families
- Ramadan project supported 560 families
- Qurbani project supplied 3560 families with meat
- Women Empowerment Scheme supported 35 Widows

SUPPORTING ORPHANS



We have always been inspired by faith to embrace, protect and support Afghan children who have lost their parents and loved ones.

Brave and beautiful children like 6 year old Zahra who lost her father to conflict. Afghanistan has been called the worst place to be a child. UNICEF has reported that one in five Afghan children will die before their 5th birthday. More than 600,000 children sleep on the streets of Afghanistan and over 2 million are orphans.

They don't know their date of birth, have no birth certificate, have lost every thread of any family network, and celebrate no holidays. Some of them were forced to watch as their parents, relatives, or friends were manhandled, assaulted or killed. These children are unprotected and prone to exploitation, many suffer from chronic malnutrition and widespread occurrence of micro - nutrient deficiency.

A large proportion work in order to provide for themselves and their families. These children not only miss out on their education, but also miss out on their childhoods.

Protection and development of children is the long-term solution. Our orphan sponsorship programme is one of our cornerstone projects, its priority is on providing a nurturing environment where children are educated and do not have to worry about working or providing for their siblings.

Aryana Aid is rebuilding the shattered lives of traumatised children by providing safe homes, food, clothing, medicine and education. Children like Abdul Wahab and Fatima lost both their

parents in Kunduz at a young age, Abdul Wahab is supported by Aryana Aid but sadly we have yet to find a sponsor for his sister Fatima .

There are over 1560 orphan students who Aryana Aid currently supports in Afghanistan and many more are on the waiting list. We keep increasing our capacity to help these students better their lives and build a better future for Afghanistan.

By donating £300 (83p per day) you can help sponsor an orphan child for a whole year and provide the child with all of their basic necessities.

£300
SPONSORS AN
ORPHAN CHILD
FOR A WHOLE
YEAR

SCHOOLS

Aryana Aid have established and run several schools and orphanages, one of the schools in Kabul, Afghanistan accommodates 1560 students, the other school in Pakistan holds 460 students.



AISHA'S STORY

Aisha is eight years old, in September 2016 her shopkeeper father was killed in a suicide bomb blast in Ghazni Afghanistan, leaving Aisha, her mother and her two sisters without any income to pay for food or education. After just one year her mother was diagnosed with Hepatitis B and sadly passed away soon after. Aisha and her sisters were fortunate enough to find a new home at the Aryana Aid orphanage in Kabul Afghanistan.

Wise and mature beyond her years, Aisha says she enjoys playing with toys and riding bikes. She is now in class two at the local school which is funded by Aryana Aid. Her wish when she grows up is to be a doctor. Aryana Aid orphanage relies on your donations to help more orphans like Aisha.

PROTECTING THE **HOMELESS**

Help us provide emergency shelter for desperate families left homeless following a generation of conflict in Afghanistan.

Our emergency shelter project provides essential items to help protect them from freezing temperatures that can fall below -26° during the winter months. According to the UN High Commission for Refugees (UNHCR), nearly 5.7 million refugees have returned to Afghanistan in the last decade. However, the lack of job opportunities in the region means that millions become dependent on the government to help them find shelter and to help them re-integrate back into society.

The population of Kabul has tripled in the last seven years, and the government's land allocation scheme has a waiting list of several thousand families. Although hundreds of makeshift camps have been created to 'house' the homeless, many people

choose to settle on mountain ranges and areas outside of the official camps; emergency responses are often needed to prevent casualties resulting from the harsh winter conditions. Aryana Aid has been working with local people to address homelessness since 2009.

Thanks to the generosity of our donors, we've supplied tents, winter clothing, winter food and fuel to desperate Afghan families and also purchased resettlement land for those that are most in need.

Our Winter Pack costs just £130 and provides a family sized tent with a separate kitchen, washroom and sleeping compartment to house 3-4 people.



ABDUL RAHMAN'S STORY

I was living in Ghazni last year. My life was torn apart due to the conflict between opposing forces. Having lost my home and two of my family members, I struggled very hard to support my family and due to the security crisis I was unable to work.

Desperately seeking help I arrived in Kabul and someone directed me to the Aryana Aid offices. The charity's volunteers helped me submit an application for a two bedroom house comprised of a kitchen and a small yard. This house was built with charitable funds and granted to me by committee. I am eternally thankful to Aryana Aid and its donors for the help and support they extended to me, may Allah (swt) bless their lives and livelihoods.

£130

PROVIDES FOR A
**FAMILY SIZED
TENT FOR
3-4 PEOPLE**

EMPOWERING WIDOWS

£35

PROVIDES FOR A
**MONTHLY
TRAINING
COURSE**

£70

WILL GIFT A
WIDOW A
**SEWING
MACHINE**

£420

SPONSORS A
WIDOW ON A **FULL
YEAR TRAINING
COURSE**

Our womens empowerment scheme in Kabul has 320 widows enrolled with many more on our waiting list.

Our training centre for women in Kabul is a groundbreaking new initiative for Afghan widows, it aids them in developing vocational and life skills. Studies have shown that 57% of girls in Afghanistan are married before the age of 16. The majority of child brides are not schooled or trained for vocational work outside of the family home. In fact 80% of Afghan women cannot read or write and only 25% are employed, compared to 88% of Afghan men.

Afghanistan has one of the highest number of widows in the world; official estimates suggest 1.5 million. The average age of an Afghan widow is 35 years, and about 90% of Afghan widows also have an average of four or more children to support.

We work in rural communities to promote economic and social well-being for the innocent Afghan women left without any family support following the death of their husbands.

Although there is more work available in urban areas than rural areas, there are not many job opportunities for unskilled

women; most widows therefore end up doing menial work, begging or entering illicit trades to support themselves and their young families. A large number of widows also attempt suicide because they are unable to cope with their circumstances.

Aryana Aid has been supporting widows at its training centre in Kabul. Our centre teaches widows tailoring, embroidery and cookery amongst other skills that they need to find semi-skilled work or to set up micro businesses, helping them become economically independent. There is no better gift than an education, or teaching of a new skill, that could potentially mean financial independence. It also means a brighter future for all, as skills can be passed down through generations. We also provide advice about avoiding exploitation from dishonest employers and customers.

320 women aged between 20 and 45 years are currently enrolled onto our free classes taught by our salaried teachers.



SHIAMA'S STORY

Shiama's husband died shortly after the birth of her second son. A woman of great determination, she did not want to depend on others to bring up her children. All it took was one simple gift from Aryana Aid, a sewing machine. Now Shiama designs and embroiders shawls, bags and dresses. By selling them she is able to feed her family and make vital repairs to their home. She also teaches local women embroidery, enabling yet more women with the skills to provide for themselves. Shiama did not want to be a burden on others, she is very happy now supporting her children.

Sponsor a widow like Shiama annually for £420 which covers 12 months in Micro-Business courses like tailoring, embroidery and cooking.

FEEDING THE **HUNGRY**

Aryana Aid distributes essential food items to undernourished men, women and children who are unable to sustain themselves with a regular meal due to food shortages.

Wages of ordinary Afghans no longer cover essential food items. The problem is worse for those living in rural areas, especially in the villages around Kandahar and Helmand.

There is little incentive for local farmers to produce more food as the Afghan economy is still largely dependent on the illegal trade of opium. 90% of the world's opium comes from Afghanistan, and poor farmers are able to earn more from opium production than wheat or rice. The sad reality is that there are thousands of people who go hungry each and every day in both Afghanistan and Pakistan because they simply can not afford to buy even the most basic food.

Aryana Aid does its best to feed as many hungry people as it can reach. We stretch every penny to make sure that

nothing is wasted. We do this by locally sourcing rice, flour, tea, sugar, cooking oil and meat for the most vulnerable communities in the region, saving money and helping the local economy, which benefits local workers and farmers.

The food is bought by our local volunteers who work together to distribute it to families living in poverty and ensure that each grain of rice is given to those who need it most, those who are not able to provide for themselves. We aim to give every person the peace of mind that they will have food on the table each and every day

Lets us Feed the Needy, just £70 can help sustain a family's food rations for one month



£70
CAN SUPPORT ONE FAMILY WITH A **FOOD PACK**

£60
WILL PROVIDE ONE FAMILY A **HYGIENE PACK**

£200
PROVIDES A FAMILY **FOOD, HYGIENE PACK & TESTING KITS**



EMERGENCY **RELIEF AID**

The people of Afghanistan have been victims of war, famine and natural disasters.

The virus pandemic is affecting an increasing number of people in Afghanistan. For the poor, simple and misinformed there is confusion. We need to help them in these uncertain times by spreading awareness on methods of prevention and supporting them with necessary food and sanitation items. Our volunteers across Afghanistan are risking their lives by working with local communities on the ground to supply essential aid to people in need. We are providing food packs, hygiene kits, testing kits and building safe quarantined areas and shelters.

WATER

A GIFT FOR LIFE

Many villages in Afghanistan are suffering from drought which has further reduced the already scarce clean water supplies.

Contaminated water results in regular outbreaks of typhoid, cholera, diarrhoea, dysentery and the high incidence of kidney stones. According to UNICEF, thousands of Afghan children die from diarrhea and other water-borne diseases every year. Only 13% of Afghans have access to water that has officially been approved by local authorities; almost 96% of people living in rural areas still rely on unsafe drinking water.

Some rural areas don't have access to any water because local sources were either destroyed in the war, have dried up or fresh water from the mountains is being unfairly redirected or stored by villages closer to the source.

Villagers down-stream often walk miles to access water from contaminated wells, rivers and springs, some must make the journey several times a day to meet the sanitation, food preparation and farming needs of their families. It's an exhausting and often dangerous activity, especially during the winter months when walking routes become hazardous with snow.



SUSTAINABLE WATER SOLUTIONS

Aryana Aid has built many water pumps, water tube wells and solar powered water tanks in numerous villages, harnessing natural energy from the sun and using it to pump pure water from deep below the ground into large seven meter storage tanks. The water is then split between four borehole wells and channeled for the consumption of hundreds of local villagers.

The solar powered water tanks are an environmentally friendly and very successful solution which we are taking to remoter regions.

Fifteen year old Amina Bibi, no longer has to carry heavy, back-breaking buckets of water over long distances for her family every day. The poverty driven issues in her village are far from over, but this is one way Aryana Aid has helped provide a sustainable solution to what was a long-standing water crisis.

Aryana Aid has managed to build 25 water pumps, and 5 tube wells around villages in Afghanistan, as well as many more in Pakistan.

£600

PROVIDES A
NEW HAND PUMP
FOR 300
PEOPLE

£1200

PROVIDES A **NEW**
WATER WELL
FOR 900
PEOPLE

£3600

FOR A **SOLAR**
POWERED TANK
SUPPLYING A SMALL
VILLAGE



HABIBA'S STORY

Twelve-year-old Habiba has chapped and scarred feet used for repeated treks in harsh winters and scorching summers to collect water for her family in Afghanistan's Ghazni Province. Her nearest water source was six kilometres away and it was shared with local donkeys and dogs. Due to water scarcity, Habiba would make the one-hour journey two to four times a day, often missing school. The jerry cans she carried weighed about 5kg each when filled with water. "The weight caused pain in my shoulders and my hands ached," she said.

Aryana Aid helped build a tube-well (water tank) to supply clean drinking water to Habiba's village. With 16 new tap stands there is now a free flow of fresh, safe water for 2650 people, including Habiba and 520 other children.



LONG TERM CARE FOR **WIDOWS**

Decades of war in Afghanistan have left behind thousands of widows.

Help us provide a widow with the sustainability she needs to rebuild her and her children's lives, a caring and loving environment without hunger and disease. Rebuild their shattered lives with a safe home, food, clothing, medicine and education.

Thousands of women and children refugees in Afghanistan will not be relocated under the Vulnerable Persons Resettlement Scheme. They urgently need your help today.

It is estimated that the war has resulted in over 2 million war widows in Afghanistan. These widows are displaced, destitute, illiterate and suffering mentally from the horrors of the war, which they have seen first hand.

Often they can only survive by sending their young children out to work in the streets and as such the cycle of poverty continues. Without a helping hand from generous people, their destitution will impact on the

lives of their children and their children's children for generations.

The tales of terror and endurance told by some of the widows are so harrowing that it is hard to believe they survived at all.

The money you give goes towards individual and community development. We provide counselling, vocational training and support, half-way houses and encourage them to take control of their lives and plan a future.

We can't give them back the past but we can let them know that we care about their future. Support a widow and her family for just £840 a year.



£70
MONTHLY REGULAR
SUPPORT FOR
A **WIDOW AND
HER FAMILY**

£840
SUPPORTS A
**WIDOW AND HER
FAMILY FOR
ONE YEAR**



SHARING THE JOY OF RAMADAN

In both Pakistan and Afghanistan last year thousands of Muslims benefited from Iftaar packs distributed by Aryana Aid. Alhamdulillah these packs not only fed poor families for Suhoor and Iftaar, but importantly enabled them to fast and receive the blessings of this glorious month. Ramadan is a time for giving to those less fortunate, You can donate your Zakat, Sadaqah and Lillah towards any of our projects. Remember, a small donation can make a big difference.

£75

PROVIDES AN
IFTAAR FOOD PACK
TO A POOR
FAMILY

£12

PROVIDES AN
EID GIFT
FOR AN
ORPHAN

YOUR ZAKAT PARTNER

The third pillar of Islam requires all followers of the faith to donate 2.5% of their personal wealth to help others in need every year. Zakat cleanses your wealth and adds blessings to it. Personal wealth is granted by Allah (swt) and should be considered a trust by us during our lifetime.

Though it is preferred to give your Zakat in Ramadan, you can donate your Zakat at anytime during the year and you can also set up a direct debit to pay your Zakat in monthly instalments.

We have created a simple online calculator for you to determine your Zakat for the current year, please visit:

www.aryanaaid.org.uk/zakat



SUPPORTING THE DISABLED WITH WHEELCHAIRS

An indiscriminate bomb or shell takes lives and limbs from the innocent. Aryana Aid has a special Wheelchair Distribution Program in Afghanistan.

Reports made by renowned organisations such as Human Rights Watch and the UN indicate that Afghanistan remains one of the most heavily mined countries in the world.

A large number of Afghan children are physically disabled. During the late 1980s, according to United Nations estimates, more than 300,000 Afghan children, victims of war, were disabled.

A survey taken in 2005-2006 found that there were between 747,500 and 867,100 disabled Afghans, or 2.7% of the population. More than 50% of the disabled lived in Kabul, Khandahar, and Herat provinces which have seen the most fighting during the past three decades.

This is the result of more than three decades of landmine use by numerous armies and factions. Among the disabled, half were under the age of 19. There are probably over 400,000 disabled Afghan children, victims of direct conflict and left over landmines.

Our aim and dream is to be able to provide every disabled man, woman and child in Afghanistan, a wheelchair so that they can achieve some level of normality in their lives. You might not be able to fully comprehend how a handicapped person feels, but you can certainly help restore their smile.

Join us to fight disability across Afghanistan.

£120

WILL HELP PROVIDE
A **WHEELCHAIR**
TO A NEEDY
RECIPIENT

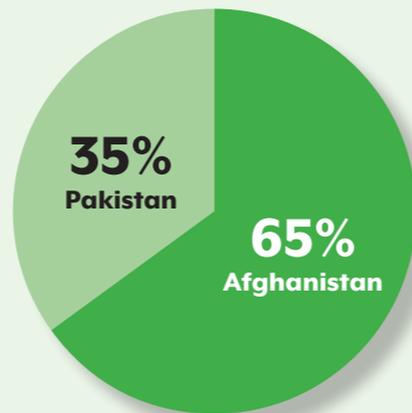


KEY PROJECTS SUMMARY 2019-2020

We are pleased to present last year's key projects summary, highlighting some of the amazing achievements we have made together with your donations. We hope this reassures our donors about the commitment we always make to the programs we deliver on the ground.

Project	Amount	Impact
Ramadan Project	£21,150.00	Supported 560 Families
Winter Packs	£7,800.00	Supplied 130 Families
Emergency Relief /Shelter	£7,012.00	Supported 65 Families
Water & Sanitation	£33,000.00	5 Tube Wells / 25 Water Pumps
Widow Family Sponsorship	£9,450.00	Sponsorship of 20 Widow Families
Food Pack Distribution	£12,806.00	Supported 347 Families
Orphan Sponsorship	£45,830.85	Supported 2020 Orphans
Qurbani Sacrificing of Animals	£6,320.00	Supplied Meat to 3560 Families
Wheelchair Program	£12,580.00	Disability Support for 350 Children
Medical Aid	£5,470.00	Medical Aid for 5470 Patients
Widow Empowering Scheme	£7,550.00	Supported 35 Widows
Total For Period	£168,968.85	

EXPENDITURE BY REGION



“Whoever saves a life, it would be as if they have saved the lives of all mankind.”

(Quran 5:32)



UK government generously allows registered charities to claim an additional 25% on top of any donations that UK taxpayers may make. Gift Aid allows Aryana Aid to maintain its 100% donations policy by covering administrative costs. Any excess of admin funds will be added into our emergency relief fund.

The Prophet Muhammed (pbuh) said: “Give charity without delay, for it stands in the way of calamity.” [Al-Tirmidhi]

We need your support, your Zakat, Sadaqah and Lillah can be donated to the following projects:

RAMADAN PROJECT

Iftar Food Pack - £70
 Eid Gift for Orphans -£12
 Zakatul Fitr £5 per person
 Kaffarah - £5 Per Person per day
 Fidyah - £5 Per person per day

ORPHAN SPONSORSHIP

£25 Per Month or £300 for whole year

WIDOW FAMILY SUPPORT

£70 per month or £840 for whole year

WIDOW EMPOWERING SCHEME

£35 Per month or £420 per year
 £70 For a sewing machine

SPONSOR A WEDDING CEREMONY

£1800 for single ceremony

EMERGENCY RELIEF AID

Family Size Tent £130
 Winter Pack £120

MEDICAL HEALTH CAMP

£500 For Medicine Kits
 £7500 for purchase of an ambulance

DISABILITY SUPPORT WHEELCHAIR PROJECT

£120 for a new wheelchair
 £12 for a pair of crutches
 £15 for Urgent wheelchair repairs
 £40 for a refurbished wheelchair
 £360 a year for a disabled childcare

WATER PROJECT

Small Pump - £600 (300 People)
 Large Pump - £1200 (900 People)
 Tube Well - £3600 (Whole Village)

WAYS TO DONATE



BY CARD

Call our donation hotline +44 (0)20 8804 3561



BANK TRANSFER

To make a donation directly via bank transfer, please use the account details below:

UK DONATIONS

Bank: Barclays
 Account Name: Aryana Aid
 Sort code: 20-29-77
 Account No. 90526584

INTERNATIONAL DONATIONS

IBAN (if not UK)
 GB65 BARC 2029 7790 5265 84
 Swift Code: BARCGB22

Please label your donations clearly with your name, contact details and the project you would like your donation to be used for. Please write any specific directions on the back of the cheque.



ONLINE

Donating online is fast and secure. Please visit www.aryanaaid.org.uk



CHEQUES

Please make cheques payable to 'Aryana Aid' and post to:
 Aryana Aid, Unit 1,
 62 Alexandra Road,
 Enfield, London EN3 7EH

ARYANA AID INSIDE AFGHANISTAN

Make a positive change to oneself and the communities of the world for the sake of Allah (swt)



Creating a better Life for those less fortunate than us



Unit 1, 62 Alexandra Road Enfield, London, EN3 7EH Tel: +44 (0)208 804 3561
www.aryanaaid.org.uk / Email: info@aryanaaid.org.uk

Aryana Aid is a registered charity in the United Kingdom and overseas
UK Charity Registered No. 1130232

