



ARYANA AID

UK Charity Registered No. 1130232

Helping

THE FORGOTTEN
VICTIMS OF CONFLICT

ANNUAL REPORT

www.aryanaaid.org.uk



Aryana Aid is a volunteer-led UK registered charity which aims to relieve poverty in Afghanistan and Pakistan, working on the ground with good practice and sustainable delivery programmes at its heart.

Creating a better life for those less fortunate than us

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Afghanistan Facts

Decades of war has made Afghanistan the world's most dangerous country and the largest producer of refugees and asylum seekers. Some 20 million people out of the 32 million population are living in poverty.

70% Over 70% of the population is illiterate

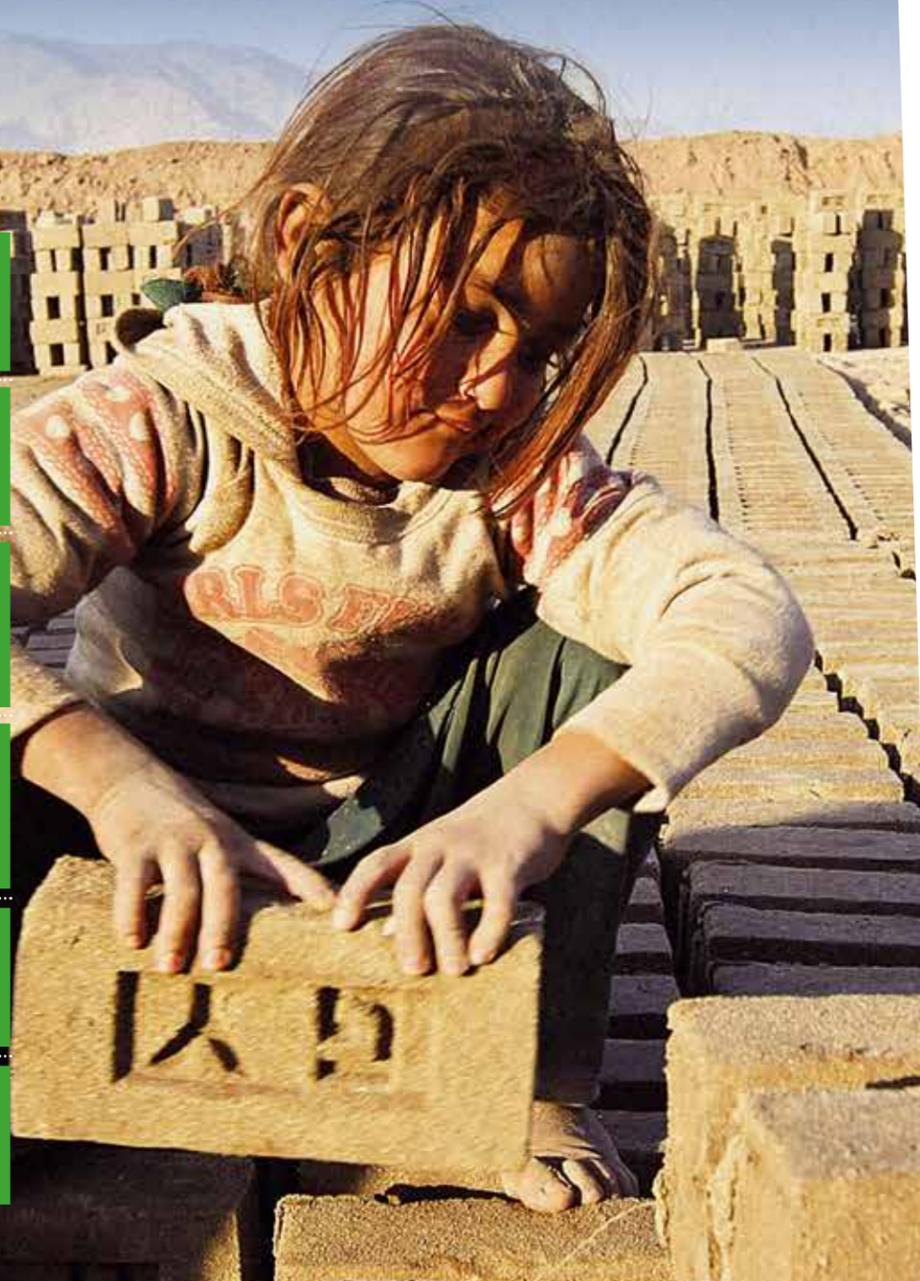
30% Approximately 30% of 5-14 year olds are child labourers

36% 36% of the population about 9 million people live in extreme poverty

50% Half of the population still lives without access to clean water sources

2nd Second highest maternal mortality rate in the world

3rd Third highest infant mortality rate



Chairman's MESSAGE

Assalamu'Alaikum. In 2009 I travelled to Afghanistan and personally experienced the unacceptable and distressing living conditions with which many citizens of Afghanistan have been burdened.



I decided that there was something that had to be done to alleviate the everyday suffering of those affected. I visited many poverty-stricken

areas and found that those most in need, were those who had lost their families, widows and orphans, as well as those with disabilities. Vulnerable people who have no way of earning a living and need the help of those who have the means to do so, people like you and me, who can find it in their hearts to offer a helping hand, satisfied with the thought that they have saved a life. These were the motives behind the humble beginnings of Aryana Aid.

The name Aryana was chosen after our decision that we should expand our help into neighbouring countries like Pakistan, where people are just as poverty stricken as those in Afghanistan. Aryana was the historic name used for the countries of Iran, Pakistan, Tajikistan and Afghanistan, which made up the ancient Persian kingdom.

What started with a few money collection boxes has now expanded into an office and

a proactive team of volunteers who put their heart and soul into helping Aryana Aid to fight poverty, bringing hope and happiness into the lives of those who had nothing to keep them going, by working together to build orphanages and water pumps, as well as distributing food, clothes and basic necessities.

We are proud to present this report to you and state that with the help of our generous donors, we are now able to deploy our resources in emergency relief situations such as natural disasters.

We hope that you are able to help us achieve our goals, helping create a better and happier life for those less fortunate than us. It is kind and generous individuals like you who create the glimmer of hope in the eyes of every person whose lives we touch.

Sincerely,

Dr. Syed Raza
Chairman of Aryana Aid



Orphan SPONSORSHIP



Schools

Aryana Aid have established and run several schools and orphanages, one of the schools in Kabul, Afghanistan accommodates 1060 orphans, the other school in Pakistan holds 400 orphans.

We have orphanages in **Ghazni and Kabul, Afghanistan** and one school in **Balochistan, Pakistan** catering for over 1460 orphans.



We aim to provide a warm, caring and loving environment for Afghan children that have lost their parents to war, hunger and disease.

Afghanistan has been called the worst place to be a child. UNICEF has reported that one in five Afghan children will die before their 5th birthday.

More than 600,000 children sleep on the streets of Afghanistan and over 2 million are orphans. They don't know their date of birth, have no birth certificate, have lost every thread of any family network, and celebrate no holidays.

Some of them were forced to watch as their parents, relatives, or friends were manhandled, assaulted or killed. These children are unprotected and prone to exploitation, many suffer from chronic malnutrition and widespread occurrence of micro-nutrient deficiency.

A large proportion work in order to provide for themselves and their families. These children not only miss out on their education, but also miss out on their childhoods.

Protection and development of children is the long-term solution. Our orphan sponsorship programme is one of our cornerstone projects, its priority is on providing a nurturing environment where children are educated and do not have to worry about working or providing for their siblings.

We aim to provide opportunities for investors and businesses in the UK to demonstrate and increase the effectiveness of their corporate social responsibility activities (CSR) and philanthropic contributions, in the regions we work in.

Aryana Aid is rebuilding the shattered lives of traumatised children by providing safe homes, food, clothing, medicine and education.

SOME OF THEM WERE FORCED TO WATCH AS THEIR PARENTS, RELATIVES, OR FRIENDS WERE MANHANDLED, ASSAULTED OR KILLED

There are over 1060 orphan students who Aryana Aid currently supports in Afghanistan and many more are on the waiting list. We keep increasing our capacity to help these students better their lives and build a better future for Afghanistan.



Mustafa's STORY

I lost my mum at the age of 5 and my father during the civil war. I was sent to live with my uncle, who mistreated me and I faced a lot of cruelty. The only thing I was allowed to do was herd the sheep.

I was being treated as nothing more than a servant, my uncle would object to anyone who suggested I should attend school. I am now 10 years old and Aryana Aid have been helping me with my education and I have learnt that I can be anything I want to be when I am older, as long as I work hard.

Sponsor AN ORPHAN

By donating **£300**, you can help sponsor an orphan child for a whole year and provide the orphan with all of their basic necessities.

EMERGENCY *Shelter* PROGRAM

A generation of conflict means many families in Afghanistan have been left homeless. Our emergency shelter program seeks to protect them from freezing temperatures that can fall below -26° during the winter months.

According to the UN High Commission for Refugees (UNHCR), nearly 5.7 million refugees have returned to Afghanistan in the last decade. However, the lack of job opportunities in the region means that millions become dependent on the government to help them find shelter and to help them re-integrate back into society.

The population of Kabul has tripled in the last seven years, and the government's land allocation scheme has a waiting list of several thousand families. Although hundreds of makeshift camps have been created to 'house' the homeless, many people choose to settle on mountain ranges and areas outside of the official camps; emergency responses are often needed to prevent casualties resulting from the harsh winter conditions.

Aryana Aid has been working with local people to address homelessness since 2009.

Thanks to the generosity of our donors, we've supplied tents, winter clothing, winter food and fuel to desperate Afghan families and also purchased resettlement land for those that are most in need.



Ghulam's STORY

“ I lost my house and my land in the war, and struggled to support ten members of my family because of the on going security crisis.

I visited Aryana Aid after I was unable to find work, and I told them about my problems.

The charity's volunteers helped me write an application for a small piece of land which was granted to me by the committee. The charity also helped me build a house on the land that I had been awarded. I am truly grateful for the help and support given to me by Aryana Aid. Me and my family will remember Aryana Aid and its donors in our prayers for the rest of our lives Insha'Allah.

*Winter
Packs*

Just **£130** will provide a family sized tent with a separate kitchen, washroom and sleeping compartment to house 3-4 people



Women EMPOWERMENT SCHEME

Our Widow Skills Training Centre in Kabul has 280 widows enrolled with many more on our waiting list.

Your Zakat Partner

The third pillar of Islam requires all followers of the faith to donate 2.5% of their personal wealth to help others in need every year. Zakat cleanses your wealth and adds blessings to it. Personal wealth is granted by Allah (swt) and should be considered a trust by us during our lifetime.

Though it is preferred to give your Zakat in Ramadan, you can donate your Zakat at anytime during the year and you can also set up a direct debit to pay your Zakat in monthly instalments.

We have created a simple online calculator for you to determine your Zakat for the current year, please visit:

www.aryanaaid.org.uk/zakat

Our training centre for women in Kabul is a groundbreaking new initiative for Afghan widows, it aids them in developing vocational and life skills.

Studies have shown that 57% of girls in Afghanistan are married before the age of 16. The majority of child brides are not schooled or trained for vocational work outside of the family home. In fact 80% of Afghan women cannot read or write and only 25% are employed, compared to 88% of Afghan men.

Afghanistan has one of the highest number of widows in the world; official estimates suggest 1.5 million. The average age of an Afghan widow is 35 years, and about 90% of Afghan widows also have an average of four or more children to support.

AFGHANISTAN HAS ONE OF THE HIGHEST NUMBER OF WIDOWS IN THE WORLD

Although there is more work available in urban areas than rural areas, there are not many job opportunities for unskilled women; most widows therefore end up doing menial work, begging or entering illicit trades to support themselves and their young families. A large number of widows also attempt suicide because they are unable to cope with their circumstances.

Aryana Aid has been supporting widows at its training centre in Kabul. Our centre teaches widows tailoring, embroidery and cookery amongst other skills that they need to find semi-skilled work or to set up micro-businesses, helping them become economically independent. There is no better gift than an education, or teaching of a new skill, that could potentially mean financial independence. It also means a brighter future for all, as skills can be passed down through generations. We also provide advice about avoiding exploitation from dishonest employers and customers.



Ameena's STORY

'I am a widow, and I have five daughters and three sons who depend on me for everything since my husband passed away. The situation in Afghanistan is very bad, and the recession has made things worse as there are fewer jobs now than there were before.

I was in a deep depression, as government agencies were unable to help me when I approached them. Things started to change when I was offered a place at the Aryana Aid training centre. The charity is helping me develop new skills so that I can find work, and it is also helping my children who now go to school. I enjoy going to the centre and feel more secure about my future and the future of my children'.



Sponsor a widow like Ameena annually for **£420** which covers 12 months in Micro-Business courses like tailoring, embroidery and cooking.



Food

DISTRIBUTION PROJECT

Aryana Aid distributes essential food items for malnourished men, women and children unable to sustain themselves with a regular meal due to food shortages.

locally sourcing rice, flour, tea, sugar, cooking oil and meat for the most vulnerable communities in the region, saving money and helping the local economy, which benefits local workers and farmers.

Wages of ordinary Afghans no longer cover essential food items. The problem is worse for those living in rural areas, especially in the villages around Kandahar and Helmand.

The food is bought by our local volunteers who work together to distribute it to families living in poverty, and ensure that each grain of rice is given to those who need it most, those who are not able to provide for themselves. We aim to give every person the peace of mind that they will have food on the table each and every day.

There is little incentive for local farmers to produce more food as the Afghan economy is still largely dependent on the illegal trade of opium. 90% of the world's opium comes from Afghanistan, and poor farmers are able to earn more from opium production than wheat or rice. The sad reality is that there are thousands of people who go hungry each and every day in both Afghanistan and Pakistan because they simply can not afford to buy even the most basic food.

Aryana Aid does its best to feed as many hungry people as it can reach. We stretch every penny to make sure that nothing is wasted. We do this by

Qurbani

Since 2009 we have been arranging the slaughter and distribution of Qurbani meat to the poor and needy in rural parts of Afghanistan and Pakistan. Support us in spreading the joy of Eid-ul-Adha and bring happiness to those who may only enjoy meat once a year.



Help Us Feed The Needy

Help us feed the needy, just **£70** can help sustain a family's food rations for one month



Emergency RELIEF

The people of Afghanistan have been victims of war, famine and natural disasters.

Millions of lives are effected, with survivors being left without clean water, shelter and families. We aim to do everything within our power to get their lives back to normal by providing shelter, clothes and food to those who have lost their homes, and by offering homes to children who have lost their families, as well as providing appropriate medical care for those who are ill or injured.

Water FOR LIFE PROGRAM

Working in partnership with local engineers, we install affordable water systems and provide safe drinking water for Afghan communities suffering from disease and dehydration.

Only 13% of Afghans have access to water that has officially been approved by local authorities; almost 96% of people living in rural areas still rely on unsafe drinking water.

Some rural areas don't have access to any water because local sources were either destroyed in the war or have dried up. Villagers often walk miles to access water from contaminated wells, rivers and springs, some must make the journey several times a day to meet the sanitation, food preparation and farming needs of their families.

It's an exhausting and often dangerous activity, especially during the winter months when walking routes become hazardous with snow. Outbreaks of diarrhea, cholera and dysentery are also common in the country. According to UNICEF, thousands of Afghan children die from diarrhea and other water-borne diseases every year.

Aryana Aid has been working with local engineers to supply safe water to hundreds of villages across rural Afghanistan. We have also introduced safe water supplies to overcrowded urban areas with a high number of rural migrants and returning refugees.

Aryana Aid has managed to build 117 water pumps, and 21 wells around villages in Afghanistan, as well as many more in Pakistan.



£600
Provides a new
Hand Pump for **300**
poor people

£1200
Provides a new
Water Well for **900**
poor people



DASHT-E-BARCHI Testimonial

We have endured years of destruction and drought in our country. Consequently, thousands of people have left their villages to find food and work in the city.

The number of people in Kabul is increasing daily and the combination of poverty, air pollution and dirty water is adding to death and disease in the city. There are 50 families in Dasht-e-Barchi in Kabul. We were finding it difficult to access clean water for everybody, so we tried to work together and dig a well for ourselves, but were unsuccessful.

We didn't have the knowledge to complete the project or the money to hire a specialist that could help us. We approached Aryana Aid and volunteers from the charity helped us complete the paperwork needed to apply for a water pump, which the charity supplied and installed. With God's Grace, we now have safe drinking water. We are grateful to Aryana Aid for all their support and assistance.



Widow

SPONSORSHIP SCHEME

Help us support a widow with the sustainability she needs to rebuild her and her children's lives, a caring and loving environment without hunger and disease.

Rebuilding shattered lives with a safe home, food, clothing, medicine and education is the core objective of our widow sponsorship scheme.

It is estimated that the war has resulted in over 2 million war widows in Afghanistan. These widows are displaced, destitute, illiterate and suffering mentally from the horrors of the war, which they have seen first-hand.

Often, they can only survive by sending their young children out to work in the streets and as such the cycle of poverty continues. Without a helping hand from generous people, their destitution will impact on the lives of their children and their children's children for generations.

The tales of terror and endurance told by some of the widows are so harrowing that it is hard to believe they survived at all. Thousands of women and children refugees in Afghanistan will not be relocated under the official government Vulnerable Persons Resettlement Scheme.

The money you give goes towards individual and community development. We provide counselling, vocational training and support, half-way houses and encourage them to take control of their lives and plan a future.

We can't give them back the past but we can let them know that we care about their future.

Support a **widow and her family** for 1 year for only **£840**

Wheelchair

DISTRIBUTION PROGRAM

A bomb or shell takes lives and limbs. Aryana Aid has a special Wheelchair Distribution Program in Afghanistan.

Reports made by renowned organisations such as Human Rights Watch and the UN indicate that Afghanistan remains one of the most heavily mined countries in the world.

A large number of Afghan children are physically disabled. During the late 1980s, according to United Nations estimates, more than 300,000 Afghan children, victims of war, were disabled.

A survey taken in 2005-2006 found that there were between 747,500 and 867,100 disabled Afghans, or 2.7% of the population. More than 50% of the disabled lived in Kabul, Khandahar, and Herat provinces which have seen the most fighting during the past three decades.

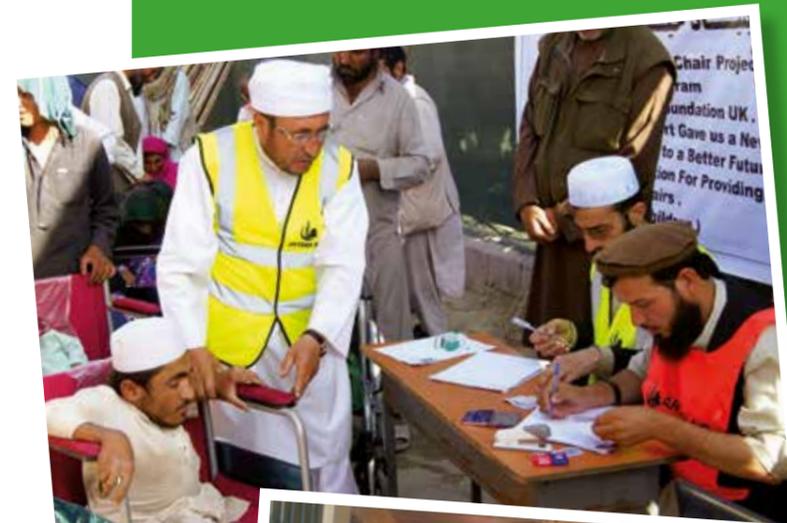
This is the result of more than three decades of landmine use by numerous armies and factions. Among the disabled, half were under the age of 19.

There are probably over 400,000 disabled Afghan children, victims of direct conflict and left over landmines.

Our aim and dream is to be able to provide every disabled man, woman and child in Afghanistan, a wheelchair so that they can achieve some level of normality in their lives. You might not be able to fully comprehend how a handicapped person feels, but you can certainly help restore their smile.

Join us to fight disability across Afghanistan.

A simple donation of £120 will help purchase and deliver a wheelchair to a needy recipient.



Ramadan

PROJECT

In both Pakistan and Afghanistan last year thousands of Muslims benefited from Iftar packs distributed by Aryana Aid.

Alhamdulillah these packs not only fed poor families for Suhoor and Iftar, but importantly enabled them to fast and receive the blessings of this glorious month.

Ramadan is a time for giving to those less fortunate. You can donate your Zakat, Sadaqah and Lillah towards any of our projects. Remember, a small donation can make a big difference.

Ramadan Iftar Food Pack - £75
Eid Gift for Orphan - £12

Financial Summary 2009 – 2017

Over the course of the last 8 years, we have seen a steady growth in our income, allowing us to spend more where the need is greatest.

ACCOUNTING YEAR	FUNDS RAISED	TOTAL PROJECTS EXPENDITURE
2009 - 2010	£67,073	£64,390
2010 - 2011	£73,639	£69,957
2011 - 2012	£85,324	£80,204
2012 - 2013	£98,849	£93,906
2013 - 2014	£115,297	£111,838
2014 - 2015	£153,540	£145,863
2015 - 2016	£106,037	£103,916
2016 - 2017	£97,847	£65,342
TOTAL FOR PERIOD	£797,606	£735,416

EXPENDITURE BY REGION



2009-2017 PROJECT EXPENDITURE BREAKDOWN



TOTAL FOR PERIOD £735,416



Aryana Aid operates a 100% donation policy, every penny of Zakah, Lillah and Sadaqah is spent where requested. Our administration costs are covered by the following:

- Donations specified for administrative purposes
- Gift Aid reclamation, allowing our tax paying donors to increase their contribution by 25%

Ways to Donate



BY CARD

Call our donation hotline
+44 (0)20 8804 3561



ONLINE

Donating online is fast and secure.
Please visit www.aryanaaid.org.uk



BANK TRANSFER

To make a donation directly via bank transfer, please use the account details below:

UK DONATIONS

Bank: Barclays
Account Name: Aryana Aid
Sort code: 20-29-77
Account No. 90526584

INTERNATIONAL DONATIONS

IBAN (if not UK)
GB65 BARC 2029 7790 5265 84
Swift Code: BARCGB22



CHEQUES

Please make cheques payable to 'Aryana Aid' and post to:

**Aryana Aid, Unit 1,
62 Alexandra Road,
Enfield, London EN3 7EH**

Please label your donations clearly with your name, contact details and the project you would like your donation to be used for. Please write any specific directions on the back of the cheque.



BY TEXT

Donate with your mobile, Text:
AAID01 £10 (or other amount) to 70070

Projects Donation List

Your Zakat, Sadaqah and Lillah can be donated to any of the following projects, alternatively we will designate on an urgent need basis.

RAMADAN PROJECT

Iftar Food Pack - £70
Eid Gift for Orphans - £12
Zakatul Fitr - £5 per person before Eid prayer
Kaffarah - £5 per person per day
Fidya - £5 per person per day

EMERGENCY RELIEF

Family Sized Tent - £130

ORPHAN SPONSORSHIP

£25 per month or £300 for whole year

WIDOW & FAMILY SUPPORT

£70 per Month or £840 for whole year

WINTER PACK

Afghanistan - £75
Pakistan - £64

WATER SANITATION HAND PUMPS

Small Pump - £600 (300 people)
Large Pump - £1200 (900 people)

WIDOW SKILLS TRAINING SPONSORSHIP

£35 per month or £420 per year
£70 for Sewing Machine

MOBILITY SUPPORT WHEELCHAIR PROJECT

£12 for a pair of crutches
£15 for urgent wheelchair repairs
£40 for a refurbished wheelchair
£120 for a new wheelchair
£360 a year towards disabled child care



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