

Helping the Needy to Build a Better Tomorrow

100% Donation Policy

Your donations make a big difference on the ground

www.aryanaaid.org.uk Tel: +44 (0)208 804 3561

Afghanistan Facts

Decades of war has made Afghanistan the world's most dangerous country and the largest producer of refugees and asylum seekers in the world. 28 million people out of the 39 million populations are living in

poverty; The U.N. Development Programme (UNDP) has warned that 97% could fall below the poverty line by mid-2022 about half of the population lived in poverty before the Taliban takeover.

72%

Of the population about 28 million people live in extreme poverty.

64%

Of the population are illiterate.

58%

Of the population still lives without access to clean water sources.

41%

of children under the age of 5 are growth stunted. 30%

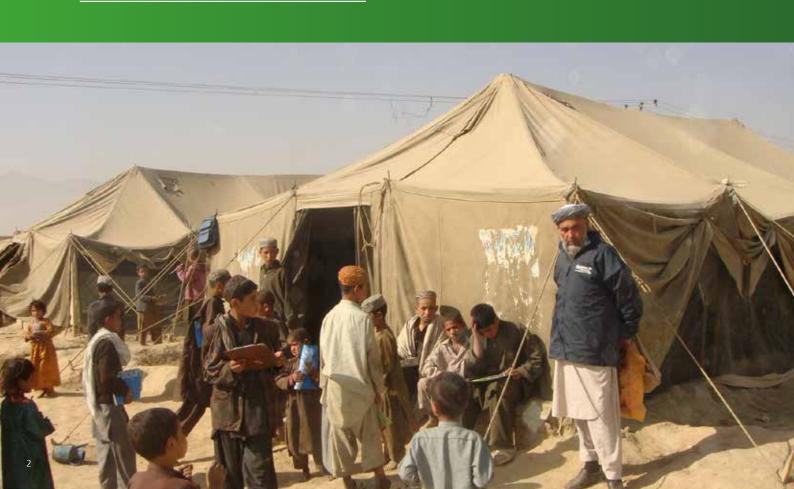
Approximately 30 % of 5-14 years old are child labourers.

2nd

It has the second highest maternal mortality rate in the world.

3rd

Third highest infant mortality rate in the world.



Message from the Chair of Trustees



Our Orphan
Sponsorship and Food
Pack Distribution
programs made a big
difference.

Assalamu'Alaikum [Peace and Blessings of God Be Upon You].

On behalf of the entire Board, Leadership Team and staff across the Aryana Aid family, I wish to extend our heartfelt thanks to the many partners, donors, supporters, and volunteers for their limitless trust, commitment and loyalty throughout the year.

It is with great pleasure that we share with you our annual report 2022. This year we marked 12 years of serving humanity. Together we supported thousands of people in Afghanistan and Pakistan.

I am indeed grateful to you all for your enthusiastic support, which helps us continue in our mission and assist those in our community, the generous support of individuals like you always make this possible for our organization to exist and to make the community a great place to live. Thanks to the incredible people like you, we're closer than ever before to making clean water, helping disabled children, sponsoring the orphans, supporting the widows, providing food pack to the most needy and sheltering and the displaced refugees.

Our annual report lets you meet the people changing their lives, and see how your support is making a lasting difference on the ground across the region.

We are indebted to those of you who have supported Aryana aid from the very beginning in helping us to save and change thousands of lives in the most marginalised communities around the world.

We hope you enjoy reading about our year of achievements we have made in rebuilding lives and communities across the region.

Syed Raza

Chair of the Board of Trustees

Achievements Highlights



Supported 510 families



WINTER PACK

Supported 154 Refugee families



Supported 105 families

WATER PROJECT

Built 6 Community wells (water-tank) & 34 – water pumps/water wells



Sponsorship Supported 27 widowed families



Supported 480 families

ORPHAN W W SUPPORT PROGRAM

Sponsored 250 orphans

DISABILITY SUPPORT PROGRAM

Provided 296 wheelchairs to disabled children



Supplied 5980 families with fresh meat

MEDICAL AID SUPPLIES

Distributed medicinal aid and supported 4386 patients



Supported 35 widows

NATURAL DISASTER

Provided food and emergency shelter to 28 families



Orphan Sponsorship

Why Sponsor an Orphan?

There are **2 million orphans** in Afghanistan who don't know their date of birth, have no birth certificate and have lost track of their extended families. **Over 600,000 children** are forced to sleep on the street in dangerous conditions and harsh weather. Through your sponsorship with Aryana Aid, you can become an agent of change in the lives of these orphans and

contribute to their more prosperous future.

The Prophet (pbuh) said: "I and the person, who looks after an orphan and provides him/her, will be in Paradise like this." – Narrated Sahl bin Sa'd

This Hadith is one of the many that emphasise how important it is for a

good Muslim to care for orphans. When done with compassion, orphan sponsorship is regarded as Sunnah and becomes one of the ultimate forms of charity in Islam - that of **Sadaqah Jariyah**, which brings many blessings both in the lives of the beneficiaries and those of the givers.

Ebrahim's STORY

Ebrahim is 7 years old; his father was killed in road side bomb blast in Kabul, Afghanistan. Ebrahim's mother could not afford to support her son and 3 daughters, the eldest of whom suffers from tuberculosis. As a result Ebrahim was unable to go to school; and the situation of life for his whole family was very poor.

He worked on the street collecting plastic bottles and he was selling them back to make maximum 70 Afghani which is less than 1 US dollar to buy bread for his family.

Aryana Aid team found him on the street and approached his family, they enrolled and started widow family sponsorship scheme for his family and every month family gets the food package which is distributing by Aryana Aid, now they enjoy a happy life.

Thankfully Aryana Aid were able to provide Ebrahim financial support in march 2021 when his sponsorship started. He now attends



school and is currently learning the Holy Quran by heart. The programme has given hope for the entire family, providing not only an education, but also healthcare, clothing and nourishing food.

Ebrahim's mother said "the programme is like an angel for my family, and Allah (swt) sent it for my help." The impact has been great, and Ebrahim has a future he can be proud of.

Please help and sponsor a child like Ebrahim today.

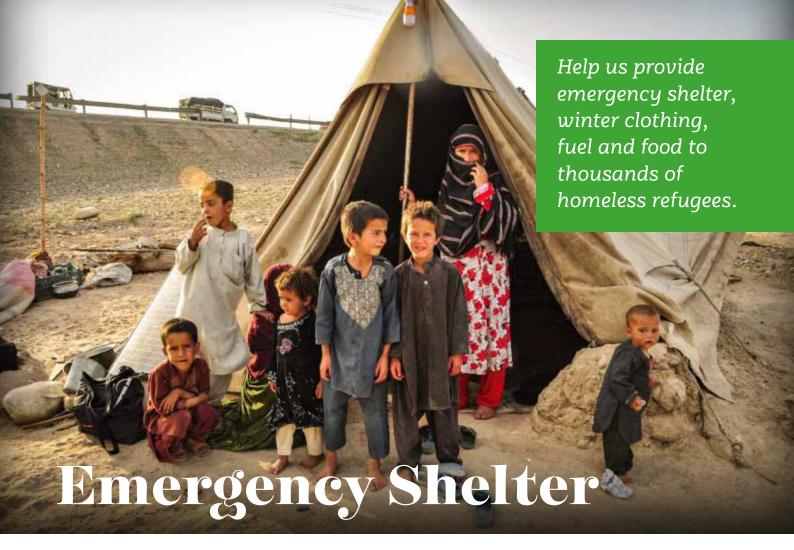
We work together to develop quality education for the orphans on the ground.

£300
Sponsor an orphan child for a whole year

Your Zakat provides orphans with:

- Warm Meals
- Clothes
- Healthcare
- Education & Accommodation

2045 Orphan children are accommodated in school run by Aryana aid.



Due to several natural disasters, including earthquakes and severe floods, many parts of Afghanistan have a high number of homeless living in sub-standard conditions.

Many villages have been wiped out, including schools, leaving many in abject poverty.

Aryana aid has been delivering aid and rebuilding homes and hopes for over the past 12 years.

We are working on the ground to distribute vital food, shelter and blankets, and will be working with communities to help them recover, rebuild and restart. Hundreds of people have lost everything.

The effects of this flood will be long-lasting. Many communities are more vulnerable than ever lacking food, income, shelter and security. There is an increased risk of the spread of water-borne diseases such as typhoid and cholera, and families will have to rebuild their lives from nothing.

We must stay working in these devastating communities to help them recover and rebuild their lives.

We seek to provide ongoing and long-lasting assistance so that these families are able to overcome the disaster and be safe, stable and secure.

Join us to help those affected.

Hundreds of people have lost everything.







£120

Winter Pack

£130

Family-Sized Tent

Emergency Shelter for a Small Family

£500 £1000

Community Shelter for Five Families



WIDOWS SKILL TRAINING PROGRAM

Through access to important life skills such as sewing and business development, we give women independence.

When we hear the word "widow", many of us imagine a mature woman. But a high number of Afghan widows are not even in their 20s.

Our Widow Sponsorship Programme

In Islam, widows are traditionally cared for by their sons, relatives, and the community around them. However, when they don't have such a support system, our Prophet

(pbuh) encourages all Muslims to take the responsibility of caring for widows upon them.

"The one who looks after a widow or a poor person is like a Mujahid (warrior) who fights for Allah's Cause, or like him who performs prayers all the night and fasts all day" [Al Bukhari].

So, at Aryana Aid, we took it upon ourselves to provide appropriate help to these widows. With the Will of Allah (swt) and your most needed Zakat and Sadaqah, we opened a ground-breaking centre for women in Kabul, where we teach widows essential skills and knowledge that will equip them for better work opportunities during

and after iddah (a period of three months when widows are not allowed to re-marry).

How Your Donations Help?

At our training centre we:

- Empower women financially.
- Give them the skills they need to find qualified work.
- Teach them about women's rights and how to fight exploitation at work.
- Give widows a safe learning space.



Yasamin's STORY

Yasmin is 29 Years old widowed, She has three children, her husband was killed in war

Life was very hard for Yasmin when she lost her husband no one supported her, She used to beg on the street to bring few breads for her children.

She was told by her neighbour about the training centre and support provided by Aryana aid.

One day she came to Aryana aid office and explained about her problems.

She was enrolled in Aryana aid skill training centre and started to get the skill she needed.

She was happy getting monthly food packs support and tailoring skill , things started to change and after completion of Training course, she was provided certificate and complete set of sewing machine and

now works from home to make a living for herself and children. She has now a happy life and enjoys her life, says Yasamin.

Sponsor a widow like Yasamin today with £420, which covers the 12 month of learning. The sponsorship includes micro-business courses like tailoring, embroidery, and cooking.





Will you empower a mother to become independent?

£70

Gifts a Widow a Sewing Machine £35

Provides a Monthly Training Course £420

Sponsors a Woman on a Full Year Training Course

Our goal is to alleviate poverty through education and livelihood support.

Provide access to clean water, Building water well for a community can save many lives, keep families healthy and promote health among the most vulnerable. Aryana aid is a special kind of water charity as it supports those areas where drought is common and water is extremely difficult to find.

We understand the clear drinking water is still not obtainable to all citizens of Afghanistan. This means that millions of people suffer from dehydration, malnourishment and deadly diseases such as Typhoid, Malaria and Cholera.

Most People fetched water from open streams or holes which reached the ground water, many negative problems occur for people using these as a source of drinking water.

A lack of sufficient available water resources to meet the demands of water usage within a region, so called water scarcity does not only exist in Afghanistan. It is day to day serious concern in these regions without doubt.

What causes water scarcity in Afghanistan?

It's not what you think! In 2006, the UN stated that the national crisis of water is not due to a physical absence of fresh water, but due to the mismanagement and lack of water supplies.

This is where your donations make

a difference. By donating to our Water Project, you are giving impoverished Afghan communities access to a resource that Allah (swt) proclaimed as every human's fundamental right.

Even more than that, since water is used in so many ways – for agriculture, washing, drinking, sanitation – you are contributing to a sustainable future for these communities, where children can actually enjoy their childhoods and pursue their education instead of spending hours in search for a reliable water source.

Quench the thirst

The price paid by poor communities with no access to clean water is huge. Wasted income, lost time and ill- health all have a devastating impact on families. Children in particular suffer, with water-borne diseases being one of the biggest killers worldwide. Tackling the shortages of clean water across the rural parts of Afghanistan remains a big challenge. Nevertheless, Aryana aid remains committed to it, drilling and installing dozens of water wells in Pakistan and Afghanistan through the past year.

The accessible water through Aryana Aid Water Supply project has improved thousands of lives, bringing convenience, safety and privacy for hundreds of communities with long-term benefits.

The best charity (Sadaqah) is giving water (to drink).

Providing water is an excellent form of Sadaqah Jariyah as it benefits communities for years to come, saves lives and helps build healthy future generations.

£600 Build a water pump

£1200 Build a water

well

£3600

Build a community well

Over 2.5 million women have been widowed by the war. Help us rebuild their lives with new homes, medical aid, and access to education.

£840 would ensure that we are able to feed a widow and her family for a year, provide medicine where necessary and help with school fees.

You can be the one to save their lives.

Each Widow Family Sponsorship generally provides essential household items, such as rice, flour, oil, lentils, pulses, spices, tea, sugar, vegetables, medicine, dates, soap, fuel, sanitation products and educational support. In addition, we make sure that all the produce is sourced locally with a focus on nutritional benefit and longevity.

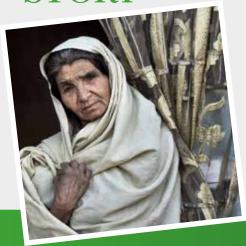


At present we are supporting a number of widows who are vulnerable, destitute, suffering from critical illnesses, and financially crippling. They are alone and have no one to care for them.

Please help us support these

widows so they can have the means to feed themselves, provide basic necessities and look after their children in order to provide stability and rebuild their shattered lives.

Shukria's STORY



She is 48 years old, a widow who lost her husband in war. She has to raise her 5 children, she has suffered a long time taking care of them by providing them everything they need, struggling to put food on the table, cover the schooling cost and other necessities.

Life was so hard on her that as a result she suffered mentally and

physically. She has multiple conditions. She is suffering from heart problem, high cholesterol, severe arthritis, high blood pressure and she is severely diabetic.

She needs humanitarian assistance and support.

She approached Aryana Aid office where she was enrolled and sponsored. Now she gets monthly food pack rations and enjoys a happier life.

Sponsor a war widow like Shukria today.

£70

Per Month Supports a Widow and Her Family £840

Sponsors a Widow and Her Family For One Year



Disability Support



Wheelchair Distribution Program

280,000 Afghan children are estimated to have a disability nowadays. You can help by donating £120 - not just for a wheelchair, but for a destiny change.

Unfortunately, many disabled people in Afghanistan feel excluded from the society because they can't take part in regular activities like voting in local elections, attending school, and having a stable job. Many persons with disabilities do not even have access to a national identity card (taskera) because they can't physically travel to an official issuing centre.

Due to this imposed isolation, sometimes, the disabled are incorrectly labelled as "punished by God", which only adds to their social stigma and feelings of guilt.

Changing the way we see disability.

Being disabled is not easy on anyone. Being disabled in a war-torn

country like Afghanistan gets even more complicated. Nowadays, more than 33% of the Afghan population suffer from some sort of physical disability. Sometimes, their biggest challenge is to participate in usual activities like attending school or buying groceries, at Aryana aid, we aim to help most of these people re-integrate in the society.

High levels of poverty are preventing people from getting access to mobility equipment. This also means the disabled are often denied positions in the Government, get excluded from schools, have their access to healthcare denied, and, sometimes, can end up abandoned in their own homes.

Discrimination against disability in Afghanistan is often institutionalised. Unfortunately, because of extreme poverty, many practical reasons stop the disabled from leading a normal life, which leaves them vulnerable to abuse.

This could change significantly if more disabled people had access to wheelchairs and other essential

tools for mobility. One wheelchair can change someone's entire life. Disabled children are often unable to attend school and get qualified for better jobs because of their disability. By donating a wheelchair, you give a child access to education, which leads to a brighter future for them and their families.

Join us to fight disability and improve the quality of life

£120

Purchase a wheelchair

£360

Provides one Year of disabled child care.

COVID-19 Relief Aid

Coronavirus is a large family of viruses causing illness that ranges from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and severe acute respiratory syndrome (SARS-CoV). The virus is being spread at an alarming rate on the globe and a high number of people have died because of coronavirus related affections.

Our volunteers are working with local communities on the ground and supplied essential aid to people in need.

We are distributing:

- Food Packs
- Hygiene Kits
- Testing Kits
- Building safe quarantine areas and shelters

Alongside this, we are also running a programme that spreads awareness of means of prevention for poor people. Through this programme, we deliver food and essential aid items such as cleaning soap, hand sanitizer, facial masks, leaflets on corona virus and more.



With your Zakat, Lillah and Sadaqah we have saved hundreds of lives across Afghanistan and Pakistan. 650 families have benefited from this program.

Donate to protect the most vulnerable people on the ground.

£50 Emergency Aid and Relief

Support one family with a food pack

£200
Provides a family food, Hygiene, Supplies & Testing kits

Give Iftar & Suhoor

Every Ramadan, Aryana Aid has continued to distribute vital lifesaving food packs to the needy families in Afghanistan and Pakistan. These packages generally are locally sourced with all the basic essential foods to feed one family for one month.

Each Ramadan Food Pack costs **£75**, so the more packs you can pay for, the more families will be fed.

He who gives food for a fasting person to break his fast , he will receive the same rewards as him, except that nothing will be reduced from the fasting person reward.



Feed the Fasting this Ramadan

Our Teams Are Ready To Feed Many Poor Families Who Are Starving!

Your help now could significantly increase the number of people we can feed this Ramadan.

The Prophet said: Whoever feeds a fasting person will have a reward

like that of the fasting person, without any reduction in his reward. [TIRMIDHI] Please help us feed the poor people in the month of Ramadan - people who cannot

afford to start or end their full day of fasting with food.

Ramadan is no doubt special to you; let's make it special for others too.



£75 Ramadan food pack



£20 Eid Gift for Orphan

LIFESAVING RAMADAN FOOD PACKS

Help our Projects with your Zakat

EVERY PENNY OF YOUR ZAKAT GOES TOWARDS OUR PROJECTS

What is Zakat?

Being one of the five basic pillars of Islam, Zakah is primarily an act of worship. The Arabic word 'Zakah' literally means purification, growth, blessing and appreciation.

Zakat is a compulsory religious duty conferred by Allah (swt) upon all Muslims whose wealth exceeds the prescribed limit. If a person's wealth exceeds that limit, they are required to pay the rate of 2.5% of total income or wealth annually for the upkeep of the poor and the needy. In the words of the Prophet (pbuh).

Nisab on Gold and Silver

To make sure we have enough money for our personal expenses, including enough money to look after our own family, Zakat is only paid on assets exceeding a minimum threshold called **Nisab**, which is calculated on gold or silver.

Scholars have set the Nisab at:

- 88 grams of gold around £2,700
- 612 grams of silver around £255

The difference between the two values is due to the variations in demand for gold and silver, which used to be more equal in the days of our Prophet Muhammad (PBUH).

We have been using your zakat to save disabled children across

Afghanistan, help rehabilitate war widows and provide the poor and needy with essential foods and clean water in the region.

FIDYAH (also spelt Fidya)

When a person is unable to fast due to ill health or other reasonable excuse such as travel, they have to provide two meals for a poor person for every missed meal—this is Fidyah.

With Aryana Aid, Fidyah is £5 per day for one individual. So, the total amount for the entire month of Ramadan would be £5 x 30 (days of fasting) = £150.

KAFFARAH

If a fasting person **deliberately breaks their fast**, they are then required to either fast for another 30 consecutive days or feed 60 poor people for every missed fast.

FITRANA

Fitrana (also known as Zakatul-Fitr or Sadaqa Al-Fitr) is a small amount of food to be given in charity at the end of Ramadan before the Eid Salah. This amount is obligatory and separate from the annual payment of Zakat, which is one of the five pillars of Islam.

Unlike Zakat, which is calculated annually as a percentage of extra wealth, Fitrana is to be paid equally by every Muslim man, woman, and child (sick or healthy, old or young) at the end of Ramadan.

Amount of Fitrana

According to Prophet Muhammad (PBUH), each person should give away in charity an amount equivalent to one sa'a (an ancient measure of volume) of grain. One sa'a today converts to 2.5kg (5lbs) of wheat. The senior member of the household is responsible for paying the amount on behalf of the family.

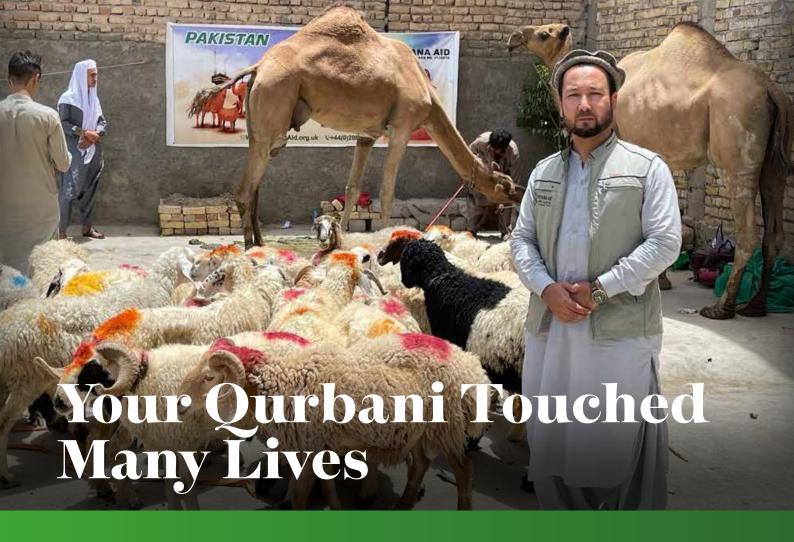
The purpose of this charitable donation is to ensure all members of the community have food during the Eid holiday. The recommended foods may vary according to the local diet, but, traditionally, include foods such as flour/wheat, rice, barley, corn, dates and raisins.

Remember **Zakat** is not just for Ramadan, but can be paid at any time of the year.

At Aryana Aid, we are proud to have a **100% Zakat Policy**

Don't worry; it's easy to calculate your Zakat. Use our online Zakat calculator at www.aryanaaid.org. uk/zakat





Qurbani is a rite associated with the Hajj pilgrimage that takes place on Eid Ul Adha (The Festival of Sacrifice), at the conclusion of the Hajj, when pilgrims sacrifice an animal – traditionally a sheep, goat, cow or camel.

12 Years of delivering qurbani fresh meat amongst the poorest communities

THANK YOU!

We delivered fresh meat of qurbanis benefitting 5980 families across Afghanistan and Pakistan.

The Prophet (pbuh) said: "It is the Sunnah of your father Ibrahim (as). For every hair of the Qurbani you receive a reward from Allah (swt)" (Tirmidhi)

The sacrifice commemorates the slaughter of a ram by the Prophet Ibrahim (Abraham) as a divine dispensation in place of the initial order by Allah (swt) to sacrifice his

son Ismail. The Qurbani Project at Aryana Aid is carried out according to the Sunnah of the Prophet (SAW) and is designed to benefit the most vulnerable people - women, children, the elderly, disabled, widows and refugees. The impact of your Qurbani goes far beyond individual families.

We source all meat locally working with our teams and volunteers on the ground. In doing so, we boost the economy and do more to support those in need. Families receive a pack of fresh meat, and the quantity reflects the size and requirements of each family. We have a thorough selection process which enables us to really understand the communities we serve and to ensure we support all families in the best way possible.

Beneficiary Selection

Aryana Aid eligibility criteria require beneficiaries of the Qurbani project to be selected based on need. We seek to inform beneficiaries of the location and time of

their distribution and the quantity of meat they will receive at least one week before the planned distribution.

Help us send your qurbani even more amazing than last year and source healthy animals in enough time before Eid-ul-Adha to bring the happiness to those who may only enjoy meat once a year.

GIVE YOUR QURBANI TODAY

AFGHANISTAN

Lamb £95 Goat £70 Cow - share £55 Cow (full) 385 Camel - share £40 Camel (full) £280

PAKISTAN

Lamb £80 Goat £65 Cow - share £35 Cow (full) 245 Camel - share £30 Camel (full) £210

Add more value with Gift Aid



Your donations have made a big difference and saved many lives

They allow Aryana Aid to feed the hungry, provide emergency relief aid, give disability support, educate orphans, and free widows from the shackles of poverty across Afghanistan and Pakistan.

By signing the Gift Aid, it gives us that extra 25% boost that makes our work not just good, but outstanding.

What is Gift Aid?

Believe it or not, there is a way to give more without paying extra, and that is Gift Aid UK.

When you donate using Gift Aid, Aryana Aid can claim an additional 25% on your donation from the UK Government. This means that every £1 donated will turn into £1.25, which is a great way to maximise your charity at no cost to you or us.

Who is eligible for Gift Aid?

Anyone who pays tax on Income or Capital Gains in the UK is eligible

for Gift Aid. However, the tax amount expected to be paid within a financial year has to be at least equal to your donation.

Why Gift Aid Matters to Us?

We operate on a 100% Donation Policy. This means that every single penny donated by you is used strictly for charitable efforts. Donations go straight to our 'charity-only' bank account:

Barclays: Aryana Aid Sort Code: 20-29-77 Account No: 90526584

No donations go towards any administrative costs.

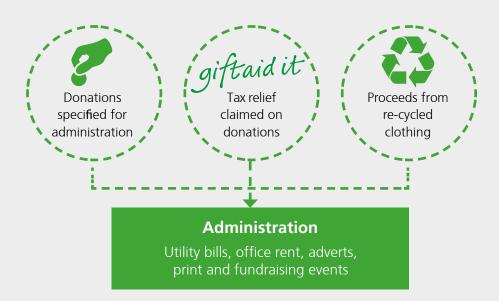
But, that doesn't mean we don't have any admin obligations. Funds to pay utility bills and rent, as well as cover accounting, legal costs, and fundraisings are urgently needed to keep the charity running.

This is where Gift Aid plays an important role. We use some of the tax claimed on donations to finance essential processes that allow Aryana Aid to exist and carry on the good work across the region.

The charity runs a separate 'administration-only' bank account

Barclays: Aryana Aid Sort Code: 20-29-81 Account No: 63144690

This account has its own sources of funding as detailed below.



Financial Summary 2021-2022

We make sure that your donations are used in the most effective possible way. Thousands of poor people have received your support.

PROJECT EXPENDITURES BREAKDOWN

Ramadan Project	£35,765
Winter Packs	£18,440
Emergency Relief / Shelter	£13,650
Water for life Program	£53,500
Widow family Support	£22,750
Food Pack Distribution	£33,590
Orphan Sponsorship	£75,000
Qurbani meat distribution	£9,340
Wheelchair Program	£35,500
Medical Aid	£4,395
Micro- Business Women - Empowerment	£15,271
Natural Disaster Emergency Response	£5,150
Total for Period	£322,351

Small Change Big Difference

100% of your donations directly supported beneficiaries!

Projects you can get involved in

Eligible for Zakat, Sadaqah & Lillah

Ramadan Project

- Iftar food Pack £75
- Eid Gifts for orphan £20
- Zakat ul fitr £5 Per person
- Kaffarah £5 Per Day
- Fidya £5 Per Day

Orphan Sponsorship

- £25 Per Month
- £300 For the Year

Widow family support

- £70 Per Month
- £840 For the Year

Women Empowerment Scheme

- £35 Per Month
- £420 For the Year
- £70 For a Sewing Machine

Medical Aid

- £7500 Purchase an ambulance
- £500 For Medical Health Camp Medicine Kits

Disability support Program

- £120 For a new wheelchair
- £40 For a Refurbished wheelchair
- £360 Per-year for a disabled childcare
- £30 Per-month for disabled child care

Water for life Program

- £600 Build a water pump
- £1200 Build a water -well
- £3600 Build a Community Well

Emergency Relief Aid

- £120 For a winter Pack
- £130 For a family sized Tent
- £500 For an Emergency Shelter
- £1000 For a Community-Shelter

Wedding Ceremony Sponsorship

• £1800 For a Single ceremony



Ways to Donate



BY CARD

Call our donation hotline +44 (0) 20 8804 3561



ONLINE

Donate online is fast and secure at www.aryanaaid.org.uk



POST

Make cheques & postal orders payable to 'Aryana Aid'

Send it to our office address: Unit 1 / 62 Alexandra Road, Enfield, London, EN3 7EH

Please label your donations clearly with your name, contact details and the project you would like to donate for on the back of the cheque.



BANK TRANSFERS

Bank: Barclays PLC Account Name: Aryana Aid **Sort code:** 20 - 29 – 77 Account No: 90526584

INTERNATIONAL BANK TRANSFERS

Swift Code: BUKBGB22

IBAN: GB65 BARC 2029 7790 5265 84



